1. EDUCATION, EMPLOYMENT, & LICENSURE

**EDUCATION**

**Doctor of Philosophy, Counseling & Counselor Education** May 2013

The University of North Carolina at Greensboro, Greensboro, North Carolina (CACREP-accredited)

*Dissertation Title*: EcoWellness: Construction & Validation of the Reese EcoWellness Inventory

(UMI 3568902)

*Cognate*: Public Health

*Minor*: Educational Research & Methodology

**Specialist in Education, School Counseling & Guidance** August 2010

University of Florida, Gainesville, Florida (CACREP-accredited)

**Master of Education, School Counseling & Guidance** August 2010

University of Florida, Gainesville, Florida (CACREP-accredited)

**Bachelor of Science, Biopsychology** March 2008

*Minor*: Chemistry

Western Washington University, Bellingham, Washington

**EMPLOYMENT**

Assistant Professor, MCOUN Program (CACREP), OSU Cascades 2017-Present

Instructor, MCOUN Program (CACREP), OSU Cascades 2012-2017

Professional Counselor, [EcoWellness Counseling & Consulting LLC](http://www.ecowellnessbend.com) 2013-Present

Graduate Assistant (Teaching, Research, Clinical Supervision), UNCG 2010-2013

Professional Counselor, Fisher Park Counseling LLC 2011-2012

LICENSURE

National Certified Counselor (#268568) September 2010 **–** Present

Oregon Licensed Professional Counselor—(#C3957) December 2015 **–** Present

Oregon Licensed School Counselor (#10454125) July 2014 **–** Present

Approved Clinical Supervisor (#ACS01494) April 2013 **–** Present

EMDR Certified July 2017 **–** Present

1. **TEACHING, ADVISING, AND OTHER ASSIGNMENTS**

**UNIVERSITY CLASSES TAUGHT**

Developmental Perspectives in Counseling (COUN 531)

CMH Pre-Practicum (COUN 513)

School Counseling Pre-Practicum (COUN 513)

CMH Practicum (COUN 514)

CMH/School Counseling Internship (COUN 515)

Cross-Cultural Counseling (COUN 581)

The Counseling Profession (School Counseling) (COUN 541)

Foundations of Clinical Mental Health Counseling (COUN 550)

Theories & Techniques in Counseling I (COUN 551)

Theories & Techniques in Counseling II (COUN 552)

Group Counseling Procedures I (COUN 571)

Trauma-Informed Counseling (COUN 579)

Foundations of EcoWellness (COUN 499/599)

Counseling Adolescents (CED 671—UNCG)

Stress Management (CED 574—UNCG)

Introduction to Helping Skills (CED 310—UNCG)

UNIVERSITY CLINICAL SUPERVISION EXPERIENCE

OSU Cascades supervising masters students (2013-Present)

OSU Cascades Clinical Coordinator (2013 – 2016)

OSU Cascades Clinic Director (2013-14)

Included supervision of doctoral students supervising masters students

Masters student group and triadic supervision

Doctoral Internship (2011-2012)

CMH & School Counseling Pre-Practicum/ CMH & School Counseling Internship

Clinical On-Call Consultant

Play Therapy

Counseling Diverse Populations

TEACHING EFFECTIVENESS AT OSU CASCADES

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| ***Course***  ***Number*** | ***Term*** | ***Q1 Median*** | ***Q2 Median*** | ***Responses/Enrolled*** | ***Graduate Level Q1 Median*** | ***Graduate Level***  ***Q2 Median*** |
|  |  | 6 point scale | |  | 6 point scale | |
| COUN 513 | Su 13 | 5.8 | 5.8 | 7/14 | 5.6 | 5.8 |
| COUN 551 | Su 13 | 5.6 | 5.8 | 11/20 | 5.6 | 5.8 |
| COUN 571 | F 13 | 5.6 | 5.8 | 11/14 | 5.6 | 5.7 |
| COUN 514 | W 14 | 4.8 | 4.8 | 10/11 | 5.2 | 5.5 |
| COUN 514 | S 14 | 4.8 | 5.2 | 9/11 | 5.6 | 5.7 |
| COUN 599 | Su 14 | 5.3 | 5.9 | 5/7 | 5.1 | 5.3 |
| COUN 513 | Su 14 | 6.0 | 6.0 | 3/11 | 5.6 | 5.7 |
| COUN 571 | F 14 | 5.5 | 5.9 | 6/8 | 5.3 | 5.5 |
| COUN 541 | F 14 | n/a | n/a | Not collected (N<6 students) | 5.3 | 5.5 |
| COUN 531 | W 15 | 5.1 | 5.3 | 16/25 | 5.5 | 5.7 |
| COUN 550 | W 15 | 5.0 | 5.3 | 11/15 | 5.5 | 5.7 |
| COUN 581 | S 15 | 5.0 | 5.8 | 12/21 | 5.0 | 5.2 |
| COUN 552 | Su 15 | 5.4 | 5.5 | 10/19 | 5.4 | 5.7 |
| COUN 513 | Su 15 | 5.7 | 5.7 | 5/11 | 5.4 | 5.7 |
| COUN 571 | F 15 | 5.4 | 5.6 | 7/12 | 5.6 | 5.8 |
| COUN 541 | F 15 | 5.8 | 5.8 | 6/11 | 5.6 | 5.8 |
| COUN 515 | W 16 | 5.5 | 5.8 | 6/7 | 5.2 | 5.4 |
| COUN 515 | S 16 | 5.0 | 5.3 | 5/10 | 5.5 | 5.6 |
| COUN 513 | Su 16 | 5.9 | 5.9 | 9/14 | 5.4 | 5.6 |
| COUN 552 | Su 16 | 5.5 | 5.6 | 16/32 | 5.4 | 5.6 |
| COUN 515 | Su 16 | 4.0 | 5.0 | 1/7 (note low response rate) | 5.4 | 5.6 |
| COUN 515 | Su 16 | 5.5 | 5.5 | 2/8 (note low response rate) | 5.4 | 5.6 |
| COUN 515 | F 16 | 5.5 | 5.5 | 6/10 | 5.6 | 5.7 |
| COUN 515 | W 17 | 5.3 | 5.7 | 5/10 | 5.2 | 5.6 |
| COUN 515 | Sp 17 | 5.5 | 5.2 | 4/11 | 5.1 | 5.3 |
| COUN 513 | Su 17 | 5.8 | 5.8 | 4/12 | 5.0 | 5.2 |
| COUN 552 | Su 17 | 5.9 | 5.9 | 11/31 | 5.0 | 5.2 |
| COUN 515 | W 18 | 5.8 | 5.8 | 9/11 | 5.2 | 5.5 |
| COUN 515 | Sp 18 | 5.9 | 5.8 | 7/9 | 5.5 | 5.7 |
| COUN 552 | Su 18 | 5.7 | 5.8 | 17/36 | 5.4 | 5.7 |
| COUN 513 | Su 18 | 5.6 | 5.4 | 7/14 | 5.4 | 5.7 |
| COUN 515 | F 18 | 5.7 | 5.7 | 5/11 | 5.4 | 5.6 |
| COUN 571 | F 18 | 5.3 | 5.8 | 10/12 | 5.4 | 5.6 |
| COUN 515 | W 19 | 5.9 | 5.9 | 10/12 | 5.1 | 5.5 |
| COUN 579 | W 19 | 5.8 | 5.9 | 19/27 | 5.1 | 5.5 |
| COUN 552 | Su 19 | 5.5 | 5.8 | 6/14 | 5.4 | 5.6 |
| COUN 513 | Su 19 | 4.6 | 5.4 | 23/33 | 5.4 | 5.6 |
| COUN 571 | F 19 | 5.6 | 5.8 | 7/15 | 5.1 | 5.6 |
| COUN 514 | W 20 | 5.5 | 6.0 | 2/6 note low response rate) | 5.1 | 5.6 |
| COUN 579 | W 20 | 5.4 | 5.5 | 23/34 | 5.1 | 5.6 |
| COUN 514 | Sp 20 | Data not collected (re: Covid-19) | | | | |

**STUDENT ADVISING & MENTORING**

MCOUN Academic Advising

I advise approximately 15-20 CMHC and School Counseling students enrolled in the MCOUN program at OSU Cascades each year

OSU-Corvallis Ph.D. Student Dissertation Committee Service

Diana Crespo, Serving as dissertation committee member. Anticipated Graduation 2022

Tom Cooke, Serving as dissertation committee member. Anticipated Graduation 2020

Marci Nelson, Serving as dissertation committee member. Graduated 2019

Rebecca Bolante, Served as dissertation committee member. Graduated 2014

Student Research Assistants

Myranda Hudson (BA—Biology) Fall 2019—Present

Lauren Glass (MCOUN—Cascades) Fall 2019—Present

Christopher Madigan (MCOUN—Cascades) Fall 2019—Present

Amy Hoag (MCOUN—Cascades) Winter 2019—Spring 2020

Marjorie Gosling (MCOUN—Cascades) Fall 2017—Spring 2019

Hannah Craig (MCOUN—Cascades) Summer 2017—Spring 2019

Chelsea Ramsey (MCOUN—Cascades) Fall 2018—Winter 2019

Allison Berl (MCOUN—Cascades) Spring 2018—Summer 2018

Alia Beyer (MCOUN—Cascades) Winter 2018—Summer 2018

Sara Cantu (PhD, Counselor Education—Corvallis) Fall 2017

Meah Cukrov (BA, HDFS—Cascades) Summer 2017

Caitlin Ecklund (MS COUN—Cascades) Summer 2015—Spring 2016

Scarlet Caldwell (MS COUN—Cascades) Summer 2015

Amy Winn (MS COUN—Cascades) Summer 2015

Barbara Lehman (MS COUN—Cascades) Summer 2015

1. SCHOLARSHIP & CREATIVE ACTIVITY

PEER-REVIEWED PUBLICATIONS

1. \* Reese, R. F., Lewis, T. F., & Kothari, B. (in press). Nature connection changes throughout the lifespan: Generation and sex-based differences in EcoWellness. *Adultspan Journal*. (Reese led data collection and wrote the majority of the manuscript.) 2018 SJR Score: .155; Impact factor not published.
2. **° Reese, R. F.**, & Gosling, M. (in press). The Group EcoWellness Model of Change: A conceptual framework for facilitating groups in nature. *The Journal for Specialists in Group Work* (Reese developed the curriculum and underlying conceptual model written about in the manuscript. Reese wrote the majority of the manuscript).2018 SJR Score: .458 ; Impact factor not published.
3. ° \* Reese, R. F., Seitz, C. M., Gosling, M., & Craig, H. (2020). Using photovoice to foster a student vision for natural spaces on a college campus in the Pacific Northwest. *International Journal of Environmental Health Research*, *30*(3), 296-311. doi: 10.1080/09603123.2019.1593950 (Reese developed the study objectives, study conceptualization, facilitated qualitative data collection, and led writing of the manuscript*).* 2017 Impact Factor: 1.433.
4. \* Wolsko, C., Lindberg, K., & **Reese, R. F.** (2019). Nature-Based Physical Recreation Leads to Psychological Well-Being: Evidence from 5 Studies. *Ecopsychology*.(Reese wrote portions of the discussion/implications section). Impact factor not published; 2018 SJR Score: .293; current acceptance rate unavailable.
5. **\* Reese, R. F.** (2019). Augmenting Master of Counseling student learning outcomes through interprofessional education experiences with Master of Fine Arts students. *Journal of Creativity in Mental Health*. doi: 10.1080/15401383.2019.1623736 (Reese led the conceptualization, collected data, analyzed data, and wrote the entirety of this manuscript). Impact factor not published; 2018 SJR Score: .242; current acceptance rate unavailable.
6. **Reese, R. F**., Webster, L. C. & Biles, K. (2019). School counselor roles and opportunities in promoting ecowellness: Integrating nature connection in K-12 settings. *Professional School Counseling, 22,* 1-12.doi: 10.1177/2156759X19839651.(Reese led the conceptualization and wrote the majority of this manuscript).Impact factor not published; 2018 acceptance rate 29%.
7. \* Reese, R. F., & Lewis, T. F. (2019). Greening counseling: Examining multivariate relationships between ecowellness and holistic wellness. *Journal of Humanistic Counseling, 58*, 53-67. (Reese led the conceptualization, collected data, wrote the majority of the manuscript and led the data analysis interpretation). Impact factor not published; 2018 SJR Score: .33; 2018 Acceptance rate 20%.
8. **\* Reese, R. F.** (2019). A qualitative exploration of the barriers and bridges to accessing K-12 outdoor environmental education programming. *Journal of Outdoor & Environmental Education*, *22*, 21-37. doi: 10.1007/s42322-018-0019-4. (Reese led the conceptualization, collected data, analyzed data, and wrote the entirety of this manuscript). Impact Factor not published; 2018 acceptance rate 58%.
9. Reese, R. F. (2018). EcoWellness: Contextualizing nature connection in traditional clinical and educational settings to foster positive childhood outcomes. *Ecopsychology, 10*(4),289-300. doi: 10.1089/eco.2018.0031 (Reese wrote the entirety of this manuscript). Impact factor not published; 2018 SJR Score: .293; current acceptance rate unavailable.
10. ° Reese, R. F., Hadeed, S., Gosling, M., & Craig, H. (2018). EcoWellness: Integrating the natural world into wilderness therapy settings with intentionality. *Journal of Adventure Education & Outdoor Learning*. Advance online publication. doi: 10.1080/14729679.2018.1508357 (Reese led the conceptualization, synthesized and wrote the majority of the manuscript).2018 SJR Score: .495; RG 2018 Impact Factor: .82

PEER-REVIEWED PUBLICATIONS (continued)

1. **\* Reese, R. F.** (2018). Adult stakeholder perceptions of 4th grade participation in Children’s Forest environmental education programming. *Environmental Education Research, 24*(8), 1211-1223. doi: 10.80/13504622.2018.1471667 (Reese led the conceptualization, collected data, analyzed data, and wrote the entirety of this manuscript). Impact Factor: 2.595.
2. Reese, R. F. (2016). EcoWellness & guiding principles for the ethical integration of nature into counseling. *International Journal for the Advancement of Counselling, 38*, 345-357. doi: 10.1007/s10447-016-9276-5 (Reese wrote the entirety of this manuscript). 2018 SJR Score: .309; RG 2016 Impact Factor: .52
3. **° \* Reese, R. F.**, Seitz, C. M., Stroud, D., Lehman, B., Caldwell, S., Ecklund, C., & Winn, A. (2016). YouTube nature preferences:  A content analysis study. *Journal of Humanistic Counseling, 55*, 183-199. doi: 10.1002/johc.12033 (Reese developed the objectives, led writing, and oversaw the analyses of the manuscript). Impact factor not published; 2016 SJR Score: .403; 3-5 year Acceptance rate 20%.
4. Wolsko, C., Marino, E., **Reese, R. F.**\*, Doherty\*, T., Fisher\*, S., Goodwin\*, B., Green\*, A., & Wirth\*, A. (2016). Systems of Access: A multidisciplinary strategy for assessing the social dimensions of sustainability. *Sustainability: Science, Practice, and Policy, 12*, 88-100. (Reese wrote one specific section of the manuscript relating to wellness and nature). Impact Factor not published; 2016 SJR Score: .81; Acceptance rate 25%. \*Denotes equal authorship
5. Purgason, L., Avent, J., Martin-Adkins, M., Cashwell, C., & **Reese, R. F.** (2016). Culturally relevant advising: An application of relational cultural theory in counselor education. *Journal of Counseling & Development, 94*, 429-436. doi: 10.1002/jcad.12101 (Reese led reorganization of manuscript, which included major edits). (2014 Impact factor: .81; 2018 SJR Score: .739; Acceptance rate between 10-15%).
6. **Reese, R. F.**, Myers, J. E., Lewis, T. F., & Willse, J. T. (2015). Construction and initial validation of the Reese ecowellness inventory. *International Journal for the Advancement of Counselling, 37*, 124-142. doi: 10.1007/s10447-014-9232-1 (Reese led in the writing, study conceptualization, and analyses). 2015 SJR Score: .319 RG Impact Factor: .45.
7. **\* Reese, R. F.**, Lewis, T. F., Myers, J. E., Wahesh, E., & Iversen, R. (2014). Nature relatedness and holistic wellness: An exploratory study. *Journal of Humanistic Counseling, 53*, 63-79. doi: 10.1002/j.2161-1939.2014.00050.x (Reese developed the objectives, study conceptualization, collected data, and led writing of the manuscript). Impact factor not published; 2015 SJR Score: .386; 2014 Acceptance Rate: 8%.
8. **° \*** Seitz, C. M., **Reese, R. F.**, Strack, R. W., West, B., & Franz, S. (2014). Discovering natural spaces on a college campus for student to alleviate stress: A photovoice study*. Ecopsychology, 6*(2), 1-11. doi: 10.1089/eco.2013.0103 (Reese wrote the instruction, contributed to the discussion, and assisted with data interpretation) Impact factor not published; 2016 SJR Score: .44; 2013 Acceptance rate 66%.
9. Wolsko, C., & **Reese, R. F.** (2014). Interdependence in theory and practice: Guiding principles for an inclusive and sustainable field. *Ecopsychology, 6*, 52-54. doi: 10.1089/eco.2014.0009 (Reese co-wrote manuscript). Impact factor not published; SJR Score: .44; 2013 Acceptance rate 66%.
10. **Reese, R. F.**, Young, J. S., & Hutchinson Jr., G. A. (2013). Preparing counselors-in-training for private practice: A course in clinical entrepreneurship. *The Professional Counselor, 3*, 22-33. (Reese led writing of manuscript, collecting interview data, and summarizing themes). Impact factor not published; 2013 Acceptance rate 26%.
11. Reese, R. F., & Myers, J. E. (2012). EcoWellness: The missing factor in holistic wellness models. *Journal of Counseling & Development, 90*, 400-406. doi: 10.1002/j.1556-6676.2012.00050.x (Reese led in the conceptualization and writing of this manuscript) 2012 Impact factor: .62; SJR Score: .479; Acceptance rate between 10-15%.

PEER-REVIEWED PUBLICATIONS (continued)

1. Brubaker, M., D., Puig, A., **Reese, R. F.**, & Young, J. (2010). Actively engaging hearts and minds: How teaching emancipatory communitarianism can impact students in a counseling theories course. *Counselor Education & Supervision, 50*(2), 88-102. (Reese co-wrote manuscript, including writing about his observations/experiences as a participant in the class). 2010 Acceptance rate 11.4%; SJR Score: .373; Impact factor not published.
2. Wingfield, R. J., **Reese, R. F.**, & West-Olatunji, C. A. (2010). Counselors as leaders in schools. *Journal of Educational Administration & Policy 4*(1), 114-130. (Reese co-wrote manuscript). Impact factor not published; acceptance rate unavailable.

PEER-REVIEWED MANUSCRIPTS (under review)

1. \* Holden, C., **Reese, R. F.**, & Seitz, C. (under revision). Individual differences in EcoWellness: Predictors and implications. *International Journal for the Advancement of Counselling*. pre-print doi: 10.31234/osf.io/yw5nz (Reese led data collection and wrote half of the manuscript). Impact factor not published; 2018 SJR Score: .33; 2018 Acceptance rate 20%.
2. \* Swank, J., & **Reese, R. F.** (under review). Do counselors and other helping professionals use nature-based counseling? *The Professional Counselor.*  (Reese led data analysis and wrote majority of the manuscript).
3. **° \* Reese, R. F.,** DeMeyer, M., Hoag, A. Glass, L., Madigan, C., & Avent Harris, A. (under review). EcoWellness in group counseling: A CQR study of the fishing for wellness program. *Journal of Counseling & Development.*
4. **\* Reese, R. F.**, Swank, J. & Sturm, D. (under review). A national survey of helping professionals on climate change and counseling. *Journal of Counseling & Development*.

**PEER-REVIEWED MANUSCRIPTS (in development)**

1. \* Seitz, C., **Reese, R. F.**, & Holden, C. (anticipated August 2020 submission). Substance use and EcoWellness: A vignette study. Will be submitted to *Journal of Health Promotion*.
2. **\* Reese, R. F.**, Holden, C. & Seitz, C. (anticipated September 2020 submission). Causal relationships between ecowellness and theoretically related constructs: A path analysis study. Will be submitted to *International Journal of Stress Management*. *2017 Impact Factor: 1.949*
3. **\* Reese, R. F.**, Holden, C. (anticipated December 2020 submission). Covid-19 and EcoWellness: EcoWellness predicts anxiety and depression? Will be submitted to *Journal of Humanistic Counseling*.
4. \* Brown, C., Christian, D. & **Reese, R. F.** (anticipated March 2021 submission). Adventure based counseling and EcoWellness: Maximizing adventure experiences with K-12 students and clients. Will be submitted to *Journal of Experiential Education.*
5. \*Reese, R. F., & Gleason, B. (anticipated June 2021 submission). EcoWellness and counselor education: Do students and faculty differ on attitudes toward nature-based counseling practice? Will be submitted to *Counselor Education & Supervision*.
6. \* **Reese, R. F.**, & Gleason, B. (anticipated August 2021 submission). Perceptions of counselor educator and trainee experiences of EcoWellness: A phenomenology. *Counselor Education & Supervision*
7. **° \* Reese, R. F.** & Swank, J. (collaboration in process; anticipated September 2021 submission). EcoWellness through the lens of youth: A photovoice study. Will be submitted to *Journal of Child and Adolescent Counseling*.
8. \***Reese, R. F.** Gleason, B., & Sturm, D. (anticipated December 2021 submission). Counselor educator and trainee attitudes toward climate change. *Counselor Education & Supervision.*

**PEER-REVIEWED MANUSCRIPTS (in development)**

1. **° \* Reese, R. F.,** Craig, H., Hoag, A., & Gosling, M. (anticipated July 2022 submission). The effects of room environment on the psychophysiological stress of practicum students. *Journal of Counseling & Development*. *2017 Impact Factor: 1.40*
2. \* **Reese, R. F.** & Kothari, B. (collaboration in process; anticipated August 2022 submission). Development and validation of the youth EcoWellness survey. Will be submitted to *Measurement and Evaluation in Counseling and Development*.
3. **°** \* **Reese, R. F.** (collaboration in process; anticipated December 2022 submission). The effects of an EcoWellness curriculum on student engagement and resilience. Will be submitted to *Professional School Counseling*.
4. \***Reese, R. F.** & Holden, C. EcoWellness, depression, anxiety, and resilience: A clinical sample study. *Journal of Counseling & Development*.

\* Denotes data-driven manuscripts

**°** Denotes manuscripts written with students

***Google Scholar Data of Publications to Date*** *(as of July 2020)****:***

[***https://scholar.google.com/citations?user=ykDMS9YAAAAJ&hl=en***](https://scholar.google.com/citations?user=ykDMS9YAAAAJ&hl=en)

***Citations = 377***

***h-index = 8***

***i-10 index = 8***

**BOOK**

1. Reese, R. F. (in progress—anticipated June 2024 submission). *Natural approaches to optimal wellness:*

*Integrating ecowellness into counseling*. New York, New York: Routledge Taylor & Francis Group.

**BOOK CHAPTERS**

1. Reese, R. F. (2015). EcoWellness theory and clinical applications. *Encyclopedia of Theory in Counseling and Psychotherapy*.
2. **Reese, R. F.** (2014). EcoWellness: Connecting youth with nature to overcome adversity. In M. T. Garrett (Ed.), *Youth and adversity: Psychology and influences of child and adolescent resilience and coping* (pp. 147-173)*.* New York, New York: Nova Science Publishers, Inc.

REFEREED PRESENTATIONS (International, National, Regional, and State Conferences)

1. **Reese, R. F.** (2019, March). *EcoWellness: The natural approach to counselor self-care*. American Counseling Association National Convention, New Orleans, Louisiana.
2. **Reese, R. F.** (2019, March). *The effects of naturescapes on counselor trainee development and client outcomes*. American Counseling Association National Convention, New Orleans, Louisiana.
3. **Reese, R. F.** (2018, November). *EcoWellness & self-care: Practical methods for exploring the human-nature connection in counselor education*. Western Association for Counselor Education & Supervision Conference, Santa Rosa, California.
4. **Reese, R. F.,** Beyer, A., Craig, H., & Gosling, M. (2018, November). “*I feel fine”: Using wearable biosensors to monitor student stress during counseling sessions*. Western Association for Counselor Education & Supervision Conference, Santa Rosa, California.
5. **Reese, R. F.** (2017, November). *EcoWellness: Integrating the natural world into experiential education and therapy settings with intentionality*. Annual International Association for Experiential Learning Conference, Montreal, Quebec.
6. **Reese, R. F.** (2017, March). *The fishing for wellness project: Healing through mindfulness on and off the water*. American Counseling Association National Convention, San Francisco, CA
7. **Reese, R. F.** (2016, November). *Principles for the ethical integration of ecowellness in counselor education*. Western Association for Counselor Education & Supervision National Conference, Vancouver, B.C.
8. **Reese, R. F.** (2016, November). *Advancing entry-level counseling skills through reciprocal learning opportunities with masters of fine arts students*. Western Association for Counselor Education & Supervision National Conference, Vancouver, B.C.
9. **Reese, R. F.** (2015, October). *EcoWellness: Integrating a Nature-Based Counseling Curriculum into your Counselor Education Program*. Association for Counselor Education & Supervision National Conference, Philadelphia, PA.
10. Purgason, L., Avent, J., **Reese, R. F.**, & Jordan, M. (2015, October). *It Takes Two to Make a Thing Go Right: Culturally Responsive Advising*. Association for Counselor Education & Supervision National Conference, Philadelphia, PA.
11. **Reese, R. F.** (2015, April). *Contextualizing the human-nature relationship in counseling through EcoWellness*. Integrated Network for Social Sustainability National Conference, Bend, OR.
12. **Reese, R. F.** (2014, November). *EcoWellness in counselor education: Developing and implementing a nature-based counseling course at your university*. Western Association of Counselor Education & Supervision Conference, Anaheim, CA.
13. Lewis, L., & **Reese, R. F.** (2014, November). *Integrating relational cultural theory into counselor education and training.* Western Association of Counselor Education & Supervision Conference, Anaheim, CA.
14. Reese, R. F. (2014, March). *EcoWellness assessment and strategies: Integrating the natural world effectively into professional counseling practice*. American Counseling Association National Convention, Honolulu Hawaii. Learning Institute Series. 3 CEU’s.
15. Willis, B. T., & **Reese, R. F.** (2013, October). *Critical transformation: Using student critical incidents as a catalyst for counselor development.* Association for Counselor Education and Supervision Annual Conference, Denver, CO.

**REFEREED PRESENTATIONS (continued)**

1. Hope, K., & **Reese, R. F.** (2013, October). *Facilitating social justice awareness: Expanding counselor educator strategies in challenging environments.* Association for Counselor Education and Supervision Annual Conference, Denver, CO.
2. Stroud, D., Biles, K., Ford, A., Kelley, K., Donaldson, C., & **Reese, R. F.** (2013, October). *Innovative clinical mental health and school counseling practica: Researching process and outcomes.* Association for Counselor Education and Supervision Annual Conference, Denver, CO.
3. **Reese, R. F.**, Martin-Adkins, M., & Lewis, L. (2012, November). *Keepin’ it real: Authenticity as counselor educators*. Western Association of Counselor Education & Supervision Conference, Portland, OR.
4. Wahesh, E., & **Reese, R. F.** (2012, March). *An exploratory study of nature-relatedness and substance use.* American Counseling Association Annual Conference, San Francisco, CA.

**REFEREED PRESENTATIONS (continued)**

1. **Reese, R. F.**, & Myers, J. E. (2012, February). *EcoWellness: Theory, evidence, and application*s. North Carolina Counseling Association Annual Conference, Greensboro, NC.
2. **Reese, R. F.**, & Iversen, R. (2012, February). *Relationships between nature and holistic wellness*. North Carolina Counseling Association Annual Conference, Greensboro, NC.
3. Mobley, K. A., Mehta, S., Shannonhouse, L., & **Reese, R. F.** (2011, October). *Global perspectives: A comparative study of the impact of international immersion for counselor trainees.* Association for Counselor Education and Supervision Annual Conference, Nashville, TN.
4. Bartlett, K. A., Hemmann, E., Korn, J. S., **Reese, R. F.,** Sida, O., Sproul, A., & Weatherman, N. (2011, March). *Calling all master’s students: Finding your way post-graduation.* American Counseling Association Annual Conference, New Orleans, LA.
5. **Reese, R. F.**, & Clark, M. A. (2010, November). *Large group intervention as a means to promote help-seeking behaviors in 5th grade boys.* North Carolina School Counselor Association Annual Conference, Greensboro, NC.
6. **Reese, R. F.** (2010, March). *Constructing gender friendly school counseling practices: Utilizing boys' strengths to overcome barriers to help-seeking.* American Counseling Association Annual Conference, Pittsburgh, PA.
7. **Reese, R. F.**, Baggs, A., & Young, J. (2010, March). *First and second year counselor trainees' perceptions of leadership characteristics: A praxis of social advocacy*. American Counseling Association Annual Conference, Pittsburgh, PA.
8. **Reese, R. F.** (2010, February). *Constructing gender friendly school counseling practices: Utilizing boys' strengths to overcome barriers to help-seeking.* Graduate Student Council Conference, Gainesville, FL.
9. **Reese, R. F.**, & Clark, M. A. (2009, October). *Targeting boys’ strengths to facilitate help-seeking in our schools.* Florida School Counseling Association Annual Conference, Orlando, FL.
10. Brubaker, M. D., Puig, A., **Reese, R. F.**, & Young, J. (2009, October). *Actively engaging hearts and minds: How teaching emancipatory communitarianism can impact students in a counseling theories course*. Association for Counselor Education and Supervision Annual Conference, San Diego, CA.

**INVITED PRESENTATIONS & WORKSHOPS**

1. **Reese, R. F.** & Speciale, M. (2018, November). *Chi Sigma Iota (CSI) chapter leaders training*. Western Association for Counselor Education & Supervision National Conference, Santa Rosa, CA.
2. **Reese, R. F.** (2018, May). *EcoWellness: Methods for effectively integrating the natural world into counseling practice*. Chi Sigma Iota, Omicron Sigma Upsilon Chapter Continuing Education Workshop, Bend, Oregon. 6.0 CEU’s.
3. **Reese, R. F.** (2018, April). *Bridges and barriers to kindness: A campus culture conversation*. Oregon State University Cascades, Campus Diversity Week.
4. **Reese, R. F.** (2017, October). *The Ethical Implications of EcoWellness Counseling Practice.* Western Kentucky University.
5. **Reese, R. F.** (2017, June). *Developing a plan for your EcoWellness: In and out of the workplace.* St. Charles Behavioral Health, Bend OR.
6. Aasheim, L., & **Reese, R. F.** (2016, November). *WACES: CSI Chapter faculty advisors training*. Western Association for Counselor Education & Supervision National Conference, Vancouver, B.C.
7. **Reese, R. F.** (2016, October). *Ethically Infusing EcoWellness Into Counseling Practice Without Leaving the Office.* Western Kentucky University.
8. **Reese, R. F.** (2016, June). *From western to faculty member: Key learnings on becoming a researcher-practitioner.* Western Washington University PsychFest, **Keynote address**, Bellingham, WA.
9. **Reese, R. F.** (2016, May). *EcoWellness: Methods for effectively integrating the natural world into counseling practice*. Chi Sigma Iota, Omicron Sigma Upsilon Chapter Continuing Education Workshop, Bend, Oregon. 6.0 CEU’s.
10. **Reese, R. F.** (2016, April). *EcoWellness counseling: Practical strategies and ethics for integrating the natural world into therapy*. Lewis & Clark Continuing Education Workshop, Portland, Oregon. 6.5 CEU’s.
11. **Reese, R. F.** (2015, October). *Ethically Infusing EcoWellness Into Counseling Practice Without Leaving the Office.* Western Kentucky University.
12. **Reese, R. F.** (2015, June). *EcoWellness in context: Honoring Non-Dominant Nature Narratives in Counseling & Therapy.* Oregon Ecopsychology Symposium, Portland, OR*.*
13. **Reese, R. F.** (2015, April). *Infusing EcoWellness Into Counseling Practice Without Leaving the Office.* Chi Sigma Iota International Webinar Series.
14. **Reese, R. F.** (2015, April). *Optimal EcoWellness: Maximizing your Time in Nature.* Partners in Care Health Series Workshop, Bend OR.
15. **Reese, R. F.** (2014, November). *EcoWellness Strategies: Effectively Integrating Nature into Counseling.* Clinician’s Network, Bend, OR*.*
16. **Reese, R. F.** (2014, March). *Integrating EcoWellness into Counseling & Therapy: Benefits & Implications.* Central Oregon Psychologists Association, Bend, OR*.*

**GRANTS (UNDER REVIEW)**

1. *The Fishing for Wellness Project* (2020), Fisher House Foundation Newman’s Own Award,

Requested $50,000. Role: Principal Investigator

1. *Climate Change, Environmental Education and Student Mental Health: Assessing collaboration between school counselors and science educators* (2020). Faculty Research Initiative Grant, Walden University. Requested $10,000. Role: Co-Principal Investigator

FUNDED GRANTS

1. *EcoWellness Indoors: The effects of nature images and nature sounds on counseling relationship, counseling student outcomes, and client outcomes* (2017). $4,000. Role: Principal Investigator
2. *Learning Innovation Grant* (2017), $5,100. Role: Principal Investigator
3. *Children’s Forest of Central Oregon Evaluative Study* (2014). $30,000. Role: Principal Investigator
4. *EcoWellness: An Integrative Review of the Literature* (2012), UNCG Graduate School Summer Research Grant. $2,000. Role: Principal Investigator
5. *EcoWellness: Construction & Validation of the Reese EcoWellness Inventory* (2012), Chi Sigma Iota, International Excellence in Research Grant, $300. Role: Principal Investigator
6. SERVICE

OSU SERVICE

* Undergraduate Student Success Initiative (USSI) Faculty-Student Interactions Sub-Committee Member (2019-present)

OSU, OSU CASCADES & OSU COLLEGE OF EDUCATION SERVICE

* Undergraduate Student Success Initiative (USSI) Faculty-Student Interaction Sub-committee (2019-2020)
* College of Education Dean Search Committee Member (2020—Present)
* Master of Counseling Instructor Search Committee Member (2020)
* College of Education Research & Scholarship Committee (2018—Present)
* Master of Counseling Instructor Search Committee Member (2019)
* OSU Cascades Research Excellence Committee (2016—Present)
* Peer Review of Teaching (Chair)
  + Fall 2019—Dr. Christine Pollard
  + Winter 2019—Dr. Dina Ribbink
  + Fall 2018—Dr. Heather Broughton
  + Spring 2018—Dr. Scott Geddes
  + Fall 2017—Dr. Nicholas Dahl

OSU CASCADES & OSU COLLEGE OF EDUCATION SERVICE (continued)

* OSU Cascades Campus Culture Committee (2017—2018)
* College of Education Dean’s Council (2016—2018)
* College of Education Governance Committee Membership (2014—2017)
* Master of Counseling Instructor Search Committee Chair (2017)
* Centers of Excellence Committee (2016—2017)
* Long Range Development Planning Task Force (2015—2017)
  + Health & Wellness Group
* Graduate Recruitment and Program Support Coordinator Search Committee Member (2016)
* CMH Placement Coordinator and OSU Clinic Director Search Committee Chair (2016)
* Academic Visioning Task Force (2014—2016)
* Office Space Planning Committee (2014—2015)
* Peer Review of Teaching Committee Member
  + Fall 2014—Dr. Jeff Gautschi and Dr. Daniel Stroud
* OSU Cascades Safety Committee (2013—2016)

COUNSELING UNIT CURRICULUM DEVELOPMENT, LEADERSHIP, & SERVICE

* OSU Cascades Chi Sigma Iota (CSI) Chapter Faculty Advisor (2015-Present)
* Developing a Trauma-Informed Counseling class to add to the MCOUN curriculum at OSU (2018)
* Included developing the course and identifying/addressing relevant CACREP standards
* Included working with faculty at Corvallis and Cascades to make a curriculum revision through the curriculum review process at OSU
* Modification of MCOUN Curriculum (Summer 2017)
* Worked with faculty at Corvallis and Cascades to allow students to take COUN 506 (Research Apprenticeship) as credit towards their MCOUN degree
* Made this official change through OSU’s curriculum review process
* Led modification of MCOUN final exam process to include final national exam (Winter 2017)

COUNSELING UNIT CURRICULUM DEVELOPMENT, LEADERSHIP, & SERVICE (continued)

* OSU Cascades Counseling Unit (CAU) Program Lead (2015 – 2017)
* Managed Cascades CAU Budget
* Facilitated Part-time faculty hires and support
* Coordinated annual course schedules, admissions, and student orientations
* CAU Liaisoned for main campus
* Met regularly with Associate Dean and other Program Leads
* Facilitated student town hall meetings on bi-annual basis
* Conducted nominations to graduate faculty
* Quarterly MCOUN newsletter coordination
* Developed a Special Topics (599) course in *Foundations of EcoWellness Counseling* (2014)
* OSU Cascades Clinical Coordinator (2013 – 2016)
* Built and maintained relationships with site hosts and supervisors throughout academic year
* Assisted education placement coordinators in the placement of students at internship sites, and follow-up with sites when students and/or site supervisors have feedback regarding our students
* OSU Cascades Clinic Director (2013-14)
  + Coordinated and oversaw the OSU Clinic, including developing clinic crisis procedures and policies
  + Moved CMH practicum experience (COUN 514, 6cr) from community placements to the OSU clinic
  + Modified student evaluations, supervisor evaluations, Practicum Handbook, and created a handbook for doctoral students responsible for supervising masters students.
  + Liaisoned with contracts office, risk and legal offices
  + Coordinated with university and site supervisors, trained doctoral students to supervise our students, and supervising doctoral student supervision with masters students.
* 2014-2015 Counseling Unit Self-Study & Site Visit CACREP Support
  + Syllabi Standardization
  + Aided in the gathering and writing of clinical placement information for Section III, Professional Practice, for CMH and School practicum and internship placements
* Assessment Unification Committee (Co-Chair; 2016-2017)
  + Worked with MCOUN faculty at Corvallis and Bend campuses to unify assessment practices as the program implements CACREP 2016 standards

CENTRAL OREGON SERVICE

* Consultation/support to Shepherd’s House leadership team regarding wellness curriculum (ongoing)
* Facilitated EcoWellness therapeutic growth groups at Shepherd’s House (2013-2018)
* Consultation with the Community Counseling Center of the Confederated Tribes of Warm Springs, including leading two all day consultation experiences for the staff (as needed since Summer 2017).
* Leadership on the Steering Committee at STRIVE Middle/High School in Bend La Pine school district (ongoing)

PROFESSIONAL SERVICE

* American Counseling Association Climate Change Task Force (2019-Present)
  + Developing guiding principles for addressing climate change in counseling profession (draft in progress) and interest network within American Counseling Association
* Western Association for Counselor Education & Supervision Grant Committee Chair (2019-Present)
* Editorial Review Board Member—*Journal of Counseling & Development* (2017—Present).
* Editorial Review Board Member—*Journal of Humanistic Counseling* (2014—Present).
* American Counseling Association conference proposal reviewer (June 2019, 2018, 2017)
* Guest editorial board reviewer—*Ecopschology* (June 2017).
* Guest grant application reviewer—National Geographic Society (March 2017).
* Guest editorial board reviewer—*Leisure/Loisir* (November 2015)
* Ad hoc Reviewer—*Journal Counselor Leadership & Advocacy* (2013—2015).
* Chi Sigma Iota—International Essay Contest Reader (2011-2012).

PROFESSIONAL AFFILIATIONS

American Counseling Association

American School Counselor Association

Association for Humanistic Counseling

Chi Sigma Iota International

Association for Counselor Education and Supervision

Western Association for Counselor Education and Supervision

International Association for Ecotherapy

EMDR International Association

1. AWARDS & RECOGNITION

**Humanistic Advocacy and Social Justice Award** March 2020

Association of Humanistic Counseling

**Western Association for Counselor Education & Supervision Research Award** November 2018

Western Association for Counselor Education & Supervision

**Oregon State University Faculty Member of the Game** November 2018

OnPoint Community Credit Union

**Keep Oregon Well Mental Health Heroes Award** May 2017

Trillium Family Services, Portland, Oregon

**The Accomplished Under 40 Award** October 2014

*Cascade Business News*, Bend, Oregon

**Greensboro Graduate Scholar Award** August 2010 **–** May 2013

The University of North Carolina, Greensboro, North Carolina

**Western Association for Counselor Education & Supervision Graduate Student Award** November 2012

Western Association for Counselor Education & Supervision

**Marian Pope Franklin Award for the Doctoral Cohort** April 2011

The University of North Carolina, Greensboro, North Carolina

**Chi Sigma Iota International Leadership Fellow Award** January 2010 **–** June 2011

Chi Sigma Iota International, Greensboro, North Carolina

**Chi Sigma Iota International Entry-Level Student of the Year** January 2010

Chi Sigma Iota International, Greensboro, North Carolina

**Chi Sigma Iota Beta Chapter Entry-Level Student of the Year** November 2009

College of Education, University of Florida, Gainesville, Florida

**Everett L. Holden & Marian G. Holden Memorial Scholarship** August 2009

College of Education, University of Florida, Gainesville, Florida

**Chi Sigma Iota Beta Chapter First Time Conference Grant** March 2009

Chi Sigma Iota Beta Chapter, University of Florida, Gainesville, Florida

**Board of Education Summer Fellowship** July **–** August 2008

Office of Graduate Minority Programs, University of Florida, Gainesville, Florida

STATEMENT OF DIVERSITY

I define diversity in a similar way that has been discussed by many others at OSU Cascades and OSU more broadly. I believe that diversity is about creating and committing to an educational atmosphere of inclusivity. I borrow from Freire’s (1979) concept of praxis: social change (i.e., learning) can only occur in the cyclical and recursive process of community action and reflection. I add onto this two-step process with my own growth and development, including the fostering of self-awareness.

First, I believe commitment to diversity begins with continuing to expand my own self-awareness (relating to my own sociocultural political context), curiosity, and continuing education. I am intimately familiar with the ways I am privileged (which are many) and the ways in which I experience oppression (which are relatively few). I know I’m not perfect, nor do I strive to be. Simply put, I’m human, and I know I have blind spots. I have much to learn, and I am open to learning (from my colleagues, supervisors, and students) and “owning” the advantages I have simply because of my visible statused identities. I am committed to doing my part to right these advantages in my professional and service work. Additionally, I continue to seek continuing education regarding diversity-related issues through training(s) at OSU Cascades and at professional conferences.

Second, I take action. Diversity and issues related to privilege/oppression are central topics in each and every single class I teach. This is, in part, because of the MCOUN program’s focus on diversity and social justice, but this is also because of who I am. Ultimately, I understand that effective counselor development begins with self-awareness and the development of and commitment to culturally responsive counseling skills and knowledge. I additionally seek experiences to be inclusive of marginalized voices included in my research and service work.

Third, I look for opportunities to engage in campus conversations that foster community reflection relating to diversity. This reflective practice includes my participation on various campus committees as it relates to service. This additionally occurs through specific events. At the heart of this discussion includes concepts such as privilege, status, micro-aggressions, among other diversity-related concepts. I will continue to seek out these kinds of opportunities to engage myself, the OSU and OSU Cascades campuses, and the broader Central Oregon community in reflective dialogues as they pertain to diversity.

I am lucky to work at a university where diversity is a central priority and point of conversation. I am privileged to be in a position to affect so many lives as a counselor educator, researcher, and faculty member. I view it as my responsibility to have a positive impact on our micro and macro culture, and it is my opportunity to do what I can to contribute to an inclusive campus culture and society. I hope that each year I can continue to have a substantive impact on diversity through continued self-reflection, relevant and important action, and through leading and/or facilitating community reflection activity and efforts.