Master of Counseling Program Handbook

Hybrid School Counseling Option

and

Hybrid Clinical Mental Health Counseling Option

2019-2020

Counseling Academic Unit (COUN)
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Overview

The M.Coun program with a major in counseling (Ecampus, hybrid Clinical Mental Health Option) is designed to fit the needs of the working adult as well as the part-time student. The weekend classes, online group supervision sessions, online learning activities on Canvas are interactive and experiential. The faculty brings to the learning process a wide range of theoretical orientations and lived experiences. The goal of the program is to develop professional clinical mental health counselors who are leaders in social justice and diversity.

Vision Statement for the Counseling Academic Unit (CAU)

The Counseling Academic Unit strives to be a national and international leader in preparing counselors and counselors educators as change agents.

CAU Mission Statement

Using current professional standards, the Counseling Academic Unit at Oregon State University prepares professional counselors and counselor educators who promote the holistic wellness of individuals, families, communities, and organizations. These counselors and counselor educators are prepared to be change agents who are competent, ethical, and proactive in the face of injustice. They are lifelong learners whose work is informed by lifespan development, theory- and evidence-based practices, and a local and global perspective. Their work as counselors, supervisors, educators, researchers, and advocates demonstrates multicultural and diversity competence and a commitment to social justice.

Master’s in Counseling Mission Statement and Description

The Master of Counseling Program serves Oregon State University's Land Grant Mission, supports the CAU Mission, and promotes sociocultural equity. Using current professional training standards, the Master of Counseling Program cultivates counseling student development in four areas: academic excellence, counseling knowledge and skills, personal growth and development, and professional counselor identity and disposition.

- We believe that professional counselors stand for social, economic, and political justice and, therefore, must be prepared to be proactive educators, change agents, and advocates in the face of injustice. Development across the life span, cultural diversity, and a global perspective are integral to the preparation of professional counselors.

The M Counseling program emphasizes four preparation components: academic excellence, competence in counseling knowledge and skills, personal growth and development, and professional counselor identity and disposition. The program emphasizes the personal growth and development of its participants as much as it provides a foundation of skill and knowledge. The sequential program integrates academic knowledge and theory with closely supervised counseling practice. The faculty strongly believes that professional counseling is grounded in a personal and professional code of ethics. To effectively counsel others, students must find a workable integration of theory, philosophy, and technical skills that are consistent with the students’ self-views and beliefs about the nature of people.

Values Statement
The program, faculty, students, and staff honor the lived experiences of all individuals. We are a learning community that embraces the concepts of social justice, innovation, the intersection of practice and research, reflection, and integrity. We hold to the ethical principles established by the American Counseling Association, the American School Counselor Association, and the Association for Counselor Educators and Supervisors.

We uphold the following values explicated by the College of Education at Oregon State University:

- **Social Justice**
  We value social justice in all aspects of our work. The disciplines of counseling and counselor education must be situated in a sociopolitical context and actively work to correct injustice.

- **Innovation**
  We value innovation in the practice of counseling and counselor education. Counselors and counselor educators should seek new ways of viewing and addressing human problems and of promoting lifelong learning, holistic wellness, and social justice.

- **Intersection of Practice and Research**
  We value the use of current research to inform the practices of counseling and counselor education. In addition, we are committed to engaging in research that is informed by the practice of counseling and counselor education in the field.

- **Reflection**
  We build reflective practices into our work and the work of our students as counselors and counselor educators. We actively consider and evaluate our effectiveness and our culture, social positions, life experiences and knowledge, and are actively open to other perspectives.

- **Integrity**
  We consider and adhere to our values in all decision making. We evaluate our impact on the college, programs, students, client populations, community, and society and work to align our actions with our values.

**Faculty Guiding Principles**

- We support Dignity, Respect, Integrity, Value and Equality in all our interactions with students, staff, and the community.
- We are guided by intellectual curiosity, social responsibility, compassion, and high ethical standards in our professional activities.
- We acknowledge there is no one truth and seek multiple understandings of human behavior.
- We are committed to creating a learning community that promotes diversity, democratic values and practices.
- We take responsibility as educators to promote informed criticism even when that criticism may not be well received.
- We challenge dogma that we encounter in classrooms, clinical experiences, and in our role of serving the broader society.
- We believe we must educate professional counselors to be critical thinkers in order that they might find their voice to develop progressive social vision through program transformation and policy development.
- We recognize a multiple perspective(s) of intrapersonal, social, and political interaction that intervenes on both macro and micro levels.
- We are invested in an interdisciplinary team and systems approach to change.
- We are committed to transcend the university's physical boundaries and to link with the community in order to improve educational opportunities for children and adults.
- We are dedicated to the interconnectedness of teaching, research, service, and clinical practice.
- We believe that professional counselors must continually address their own emotional, intellectual, spiritual, and physical well-being in order to be effective helping professionals.
We believe students are our most important clients, for the quality and completeness of their education will determine the direction of the future.

**Accreditation**

The Council for Accreditation of Counseling and Related Educational Programs (CACREP) has conferred accreditation on the school counseling and clinical mental health counseling options in Counseling at Oregon State University.

The program is also accredited by the National Council for Accreditation of Teacher Education (NCATE) and the Oregon Teacher Standards and Practices Commission (TSPC). The program is recognized by the Oregon Board of Licensed Professional Counselors and the National Board of Certified Counselors as a program that meets the course work necessary for licensing or certification.

**Master of Counseling Description**

The master’s degree program with a major in counseling is 75 quarter credits for School Counselor option and 90 quarter credits for Clinical Mental Health option and is completed on a part-time basis. Part-time students take an average of two classes per quarter for 14 consecutive quarters. The Ecampus hybrid School and Clinical Mental Health options are only offered on a part-time basis.

**Areas of Concentration within the Major**

At the master’s level, the counseling major has two options: Clinical Mental Health Counseling (preparing one for Oregon LPC licensure) and School Counseling (preparing one for Oregon TSPC school counselor licensure).

**School Counseling and Clinical Mental Health Counseling licensure requirements**

Students interested in completing program requirements for School counseling and Clinical Mental Health counseling should meet with their academic advisor upon beginning the program for approval and planning. Both the School and Clinical Mental Health Counseling options provide the educational and experiential requirements required for licensure by the state of Oregon. Students residing outside of Oregon should verify that the OSU program will meet licensure requirements in that state. The following page links to the various states and their licensing requirements:

**Additional School Counseling Licensure Requirements For TSPC Licensure**

1. All school counseling students must take a class on how to work with ELL students (COUN 582).
2. Students taking the school counseling concentration who do not have teaching experience must complete a 200 hr. teaching practicum in order to be recommended for the Preliminary School Counselor License. This includes taking one additional 3 credit class: COUN 591 Instructional Strategies for School Counselors.
3. Each of these requirements is in addition – not a part of – completion of the 75 credit MCoun degree.

At the present time, OSU-Corvallis offers a limited number of online courses that school counselors may use to earn credit toward renewing their license.

**Clinical Mental Health Counseling Licensure Requirements**

To qualify for licensure as a professional counselor under ORS 675.715 (3), a registered intern shall have completed three years of full-time supervised counseling experience post degree. The applicant must have completed no less than...
2,400 **direct client contact hours** (up to 400 of those hours may be completed during the clinical portion of the degree program) and 120 supervision hours with a qualified supervisor.

Other specific requirements apply. For further information, contact the Oregon Board of Licensed Professional Counselors and Therapists: (503) 378-5499, [www.oblpct.state.or.us](http://www.oblpct.state.or.us)

**Conducting Private Practice While Enrolled in the Program**

The faculty of the Counseling Program subscribes to the ethical standards of the American Counseling Association (2014). In an effort to encourage professionalism among its students, the faculty requires its students to adhere to these same standards while engaged in providing counseling services to clients. The ACA standards read, in part:

- Counselors claim or imply only professional credentials possessed and are responsible for correcting any known misrepresentations of these credentials by others [ACA Ethical Standard, C.4.a].

- With regard to the delivery of professional services, members should accept only those positions for which they are professionally qualified [ACA Ethical Standard, C.2.a].

Consistent with these standards, students may not independently offer mental health diagnosis, counseling, or consultation services, either gratis or for remuneration. If it should come to the attention of the faculty that a student is offering such services, an investigation of the student's activities will be conducted by a committee appointed for this purpose. The committee will present its findings and recommendations to the faculty for decision on retention of the student in the program.

**Personal Growth Requirement**

Counseling students enrolled in the Master's Degree program are expected to participate as clients in an individual and group counseling experience during the time they are enrolled as graduate students.

This requirement recognizes the value of such an experience in the continuing development of self-awareness and personal identity. It is also based on the belief that firsthand experience as a client bridges the gap between intellectual and emotional understanding of the client/student experience. Students will participate in individual and group counseling with a qualified* counselor or mental health provider approved by the faculty advisor. This therapeutic experience should focus on personal growth and awareness rather than specific skills training. Important components could include sharing of here-and-now feelings, working out communication blocks, interpersonal feedback, individual expression of concerns; as well as expression of feelings about self, significant people in one's life, and other members of the therapeutic experience (for group setting).

The Counseling program can offer this experience free of charge to students. The qualified counselor will be a current Ph.D. student enrolled in either Practicum or Internship earning supervised clinical hours required by CAREP. The Ph.D. counselor will be under the supervision of a faculty member and sessions will be recorded. If you are interested in this option, please contact the Program Lead.

**Note:** The group experience is met through attendance and participation in COUN 571 Group Counseling Procedures.

Students are required to provide written verification (see student advising site) of at least 10 sessions of individual/couples counseling to their faculty advisor prior to completion of the master's degree. Written verification is defined as a statement by the individual counselor of consistent attendance. Specifics of the counseling relationship will be kept confidential between student/client and counselor in accordance with the ethical guidelines of the
American Counseling Association (ACA).

Students are urged to complete their required number of counseling sessions during the first year of their program and before completed the second term of Practicum. Counselors must prioritize clients’ needs based on clinical urgency, thus they may not be able to accommodate counseling students who have no particular therapeutic issue to address.

*Qualified counselors are those have earned licensure in their perspective field, (i.e., a Licensed Professional Counselor, Licensed Clinical Social Worker, licensed Psychologist).

**Conference Attendance Requirement**

Students in the Master of Counseling program are required to obtain 24 contact hours (equivalent of 24 CEUs) of training outside of their OSU program prior to their graduation. At least **6 of these hours** must be obtained through attendance of a state, national, or international conference (e.g., ORCA, OSCA, ACA, ASCA, etc.). The other training hours can be obtained through professional conferences, workshops, webinars, or educational seminars so long as they meet the criteria for CEU's from the NBCC or equivalent (LPC, MFT, LCSW, and/or licensed psychologist organizations). Please contact your advisor if you have any questions as to whether a training opportunity meets the requirement. Verification of attendance should be provided to your advisor through a certificate of attendance (other verification of attendance might include a registration receipt and name badge, or the workshop program with your name listed, if you presented).

You will need to complete **one** verification of conference attendance form listing conferences when you have completed the requirement including the conferences/workshops attended, number of hours, and dates once you have accumulated those hours. You and your advisor (or other approved program staff/faculty) will sign the form and you will submit it to Donna Harris, Administrative Coordinator.
## Counseling Faculty

<table>
<thead>
<tr>
<th>Name</th>
<th>Program Role</th>
<th>Phone/Email</th>
<th>Research Expertise</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aguilera, Mary (Dr.)</td>
<td>Corvallis Campus, Assessment Coordinator</td>
<td>503-737-2232 <a href="mailto:mary.aguilera@oregonstate.edu">mary.aguilera@oregonstate.edu</a></td>
<td>Supervision, Play therapist training, Counselor training</td>
</tr>
<tr>
<td>Cazares-Cervantes, Abraham (Dr.)</td>
<td>Corvallis Campus, School Counseling</td>
<td>541-737-5407 <a href="mailto:cazaresa@oregonstate.edu">cazaresa@oregonstate.edu</a></td>
<td>Multicultural competency in school counseling, Supervision of minority supervisees, Ethnic identity development, Working with bilingual clients, Gang-related behavior, Working with the Latinx population</td>
</tr>
<tr>
<td>Dykeman, Cass (Dr.)</td>
<td>Corvallis Campus,</td>
<td>541-737-8204 <a href="mailto:dykemanc@onid.orst.edu">dykemanc@onid.orst.edu</a></td>
<td>Math anxiety intervention, Psychopharmacology, Addiction counseling</td>
</tr>
<tr>
<td>LaGue, April (Dr.)</td>
<td>Corvallis Campus, School Counseling</td>
<td>541-737-8583 <a href="mailto:laguea@oregonstate.edu">laguea@oregonstate.edu</a></td>
<td>Emotion regulation in school settings, Math anxiety in adolescents, School counselor identity development and advocacy, Technology integration in counselor education, Corpus Linguistics in counselor education</td>
</tr>
<tr>
<td>Muzacz, Arien (Dr.)</td>
<td>Corvallis Campus, Clinical Mental Health Counseling</td>
<td>541-737-8204 <a href="mailto:arien.muzacz@oregonstat.edu">arien.muzacz@oregonstat.edu</a></td>
<td>Multicultural counseling, supervision, LGBT health disparities, Human sexuality, Addictions</td>
</tr>
<tr>
<td>Ng, Kok Mun (Dr.)</td>
<td>Corvallis Campus, Program Chair</td>
<td>541-737-3741 <a href="mailto:kokmun.ng@oregonstate.edu">kokmun.ng@oregonstate.edu</a></td>
<td>Multicultural counseling; Attachment theory; Internationalization of counseling; Couples and family counseling</td>
</tr>
<tr>
<td>Rubel, Deborah (Dr.)</td>
<td>Corvallis Campus, CAU</td>
<td>541-737-5973 <a href="mailto:deborah.rubel@oregonstate.edu">deborah.rubel@oregonstate.edu</a></td>
<td>Group work, Pedagogy, Qualitative research methods</td>
</tr>
<tr>
<td>Schulz, Lisa (Dr.)</td>
<td>Corvallis Campus, Program Lead/Instructor</td>
<td>541-737-5959 <a href="mailto:lisa.schulz@oregonstate.edu">lisa.schulz@oregonstate.edu</a></td>
<td>Cross cultural issues related to dual identity development, Contingent faculty issues, Transpersonal counseling</td>
</tr>
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# Curriculum: Master of Counseling

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<tr>
<th>Course</th>
<th>School Counseling</th>
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<tr>
<td>COUN 513 Pre-Practicum</td>
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<td>COUN 514 Practicum in Counseling</td>
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<td>COUN 515 Counseling Internship</td>
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<td>COUN 531 Developmental Perspectives in Counseling</td>
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<td>COUN 532 Social &amp; Cultural Perspectives</td>
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<tr>
<td>COUN 533* Addictive Behavior Counseling</td>
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<td>COUN 536* Psychopharmacology</td>
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<tr>
<td>COUN 541 The Counseling Profession</td>
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<td>3</td>
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<tr>
<td>COUN 546 Leadership of School Counseling Programs</td>
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</tr>
<tr>
<td>COUN 550 Foundations of Mental Health Counseling</td>
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<tr>
<td>COUN 548* Special Education Issues</td>
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<tr>
<td>COUN 551 Theory &amp; Techniques of Counseling I</td>
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</tr>
<tr>
<td>COUN 552 Theory &amp; Techniques of Counseling II</td>
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<tr>
<td>COUN 562 Research Methods</td>
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<tr>
<td>COUN 567 Appraisal of the Individual</td>
<td>3</td>
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<tr>
<td>COUN 568* Lifestyle &amp; Career Development</td>
<td>3</td>
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</tr>
<tr>
<td>COUN 571* Group Counseling Procedures</td>
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<tr>
<td>COUN 575 Family Counseling</td>
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<tr>
<td>COUN 577 Applied Psychopathology &amp; Psychodiagnostics</td>
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<td>COUN 578 Crisis, Grief, and Loss</td>
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<td>COUN 581 Cross-Cultural Counseling</td>
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<tr>
<td>COUN 597* Supervision</td>
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<tr>
<td>COUN 595 Group Counseling II</td>
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</tr>
<tr>
<td>COUN 598* Consultation</td>
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<td>3</td>
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<tr>
<td>Electives: COUN 591; 582</td>
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<td>0</td>
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<tr>
<td>total</td>
<td>75 (81)¹</td>
<td>90</td>
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¹Students who do not have a teaching license take COUN 591(3cr) and COUN 582(3cr).

Note: This is a requirement for TSPC licensure.

*Please note that these classes may occur in **weekday and/or weekend formats**. Please check with the schedule and/or program advisor prior to making travel and working arrangements for the terms in which these classes are offered.
# Hybrid Clinical Mental Health Option Schedule (Part-Time)

## Year 1

### Summer
- COUN 541: The Counseling Profession
- COUN 575: Family Counseling

### Fall
- COUN 532: Social & Cultural Perspectives
- COUN 550: Foundations of Mental Health Cslg

### Winter
- COUN 551: Counseling Theory I
- COUN 531: Developmental Perspectives in Cslg

### Spring
- COUN 552: Counseling Theory II
- COUN 578: Crisis, Trauma, & Grief Counseling

## Year 2

### Summer
- COUN 513: Counseling Pre-practicum

### Fall
- COUN 514: Practicum in Counseling I
- COUN 533: Addictive Behavior Counseling

### Winter
- COUN 514: Practicum in Counseling II
- COUN 571: Group Counseling Procedures

### Spring
- COUN 515: Counseling Internship (5 credits)
- COUN 581: Cross-Cultural Counseling

## Year 3

### Summer
- COUN 515: Counseling Internship (5 credits)
- COUN 567: Appraisal of Individual

### Fall
- COUN 515: Counseling Internship (5 credits)
- COUN 568: Life Style & Career Development

### Winter
- COUN 515: Counseling Internship (5 credits)
- COUN 562: Intro to Research Methods in Cslg

### Spring
- COUN 515: Counseling Internship (4 credits)
- COUN 595: Group Counseling II

## Year 4

### Summer
- COUN 536: Applied Psychopharmacology
- COUN 598: Counselor Consultation

### Fall
- COUN 597: Intro to Counselor Supervision
### Hybrid School Counseling Option Schedule (Part-Time)

#### Year 1

<table>
<thead>
<tr>
<th>Summer</th>
<th>Fall</th>
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<tbody>
<tr>
<td>COUN 541 The Counseling Profession</td>
<td>COUN 532 Social &amp; Cultural Perspectives</td>
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<tr>
<td>COUN 575 Family Counseling</td>
<td>COUN 548 Special Education Issues</td>
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<table>
<thead>
<tr>
<th>Winter</th>
<th>Spring</th>
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<tbody>
<tr>
<td>COUN 551 Counseling Theory I</td>
<td>COUN 552 Counseling Theory II</td>
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<tr>
<td>COUN 531 Developmental Perspectives in Cslg</td>
<td>COUN 578 Crisis, Trauma, &amp; Grief Counseling</td>
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#### Year 2

<table>
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<th>Fall</th>
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<tr>
<td>COUN 513 Counseling Pre-practicum</td>
<td>COUN 514 Practicum in Counseling I</td>
</tr>
<tr>
<td>COUN 577 Appl. Psychopathology &amp; Psychodiagnosics.</td>
<td>COUN 568 Life Style &amp; Career Development</td>
</tr>
<tr>
<td></td>
<td>COUN 591 Instructional Strategies</td>
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<table>
<thead>
<tr>
<th>Winter</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>COUN 514 Practicum in Counseling II</td>
<td>COUN 533 Addictive Behavior Counseling</td>
</tr>
<tr>
<td>COUN 567 Appraisal of the Individual</td>
<td>COUN 581 Cross-Cultural Counseling</td>
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#### Year 3

<table>
<thead>
<tr>
<th>Summer</th>
<th>Fall</th>
</tr>
</thead>
<tbody>
<tr>
<td>COUN 546 Leadership of SC Programs</td>
<td>COUN 515 Counseling Internship (5 credits)</td>
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<tr>
<td>COUN 571 Group Counseling Procedures</td>
<td>COUN 598 Counselor Consultation</td>
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</table>

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<tr>
<th>Winter</th>
<th>Spring</th>
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<tbody>
<tr>
<td>COUN 562 Intro to Research Methods in Edu</td>
<td>COUN 515 Counseling Internship (5 credits)</td>
</tr>
<tr>
<td>COUN 515 Counseling Internship (5 credits)</td>
<td>COUN 595 Multicultural Counseling II</td>
</tr>
</tbody>
</table>
All counseling degree programs are cohort based. A new cohort starts each summer quarter. Hybrid School and CMHC students take two courses per quarter. OSU-Corvallis does not offer a full-time schedule to students. All hybrid courses involve face time (either in-person or synchronous online meetings) and online learning activities.

All cohorts start summer term.

Summer session in counselor education offered via Ecampus is 8 to 10 weeks in length. CMHC internship (COUN 515) runs for 11 weeks in the summer.

Courses in fall, winter, and spring terms, including internships are normally 10 weeks long.

**Face-to-face** class meetings for content courses (i.e., other than practicum and internship) take place on Fridays and Saturdays, full day, of Week 2 and Week 9 of the term. Currently, these class meetings are off-site (i.e., not in Corvallis), and are expected to be held at the Clackamas Community College – Wilsonville campus; 29353 Southwest Town Center Loop East, Wilsonville, OR 97070. Students from the School and CMH programs will share some courses together. Students will also have courses as School or a CMHC cohort by themselves. Students will be given a 4-year course calendar that contains the dates of face-to-face meetings in Wilsonville in advance for planning purposes.

Other than the face-to-face meetings, content courses may involve several **synchronous online meetings** per term. In such cases, students will be informed in advance in the syllabus.

**Practicum** and **internship** classes will be conducted synchronously online via Zoom weekly for both group supervision and/or individual/triad supervision. Group supervision normally runs a minimum of 1.5 hours to a maximum of 3 hours on Monday evenings, whereas individual/triad supervision normally runs for an hour per week. More details on practicum and internship are found in the Clinical Manuals. Students and faculty members will work collaborative together on practicum and internship field placement.

**Notes: Time, Dates, Location**

1. The information provided is subject to change.
2. A “cohort” is a group of students admitted together at the same time who move through the program jointly. Two great advantages to learning in a cohort are: (1) you have a community to support you, and (2) you establish a network with other professionals that will increase your mobility across organizational boundaries for employment opportunities and career growth.
3. Courses always involve web instruction and Internet-supported learning activities. As such, students are expected to have knowledge and skills in using the computer, information technology, and the Internet. Students are also expected to have **high speed, broadband Internet access**. Because of regular synchronous online meetings via Zoom or other Internet-supported communication platforms, **students are expected to have a headset with a mic and a webcam**.

OSU Ecampus provides resources such as online training on the use of Canvas, our current learning management system, Zoom, and technology support Helpdesk. Please visit the following Ecampus sites as you begin your studies:

Newly Admitted & Returning Students:  [http://ecampus.oregonstate.edu/students/newly-admitted/](http://ecampus.oregonstate.edu/students/newly-admitted/)
Getting Started: Degree-Seeking Graduate Students:  [http://ecampus.oregonstate.edu/students/newly-admitted/graduate.htm](http://ecampus.oregonstate.edu/students/newly-admitted/graduate.htm)
Starting Your Course Checklist:  [http://ecampus.oregonstate.edu/services/start/checklist.htm](http://ecampus.oregonstate.edu/services/start/checklist.htm)
Student Services:  [http://ecampus.oregonstate.edu/students/](http://ecampus.oregonstate.edu/students/)
4. Students need to plan to complete a 100 hour practicum (COUN 514 I & II) (average of five hours per week) over two terms and complete a 600 hour internship in Years 3 and 4 of their program in order to fulfill CACREP requirements.

**Classroom Attendance**

Seat time (time spent in class) is an important part of your learning, and is governed, in part, by counselor education best practices in pedagogy, CACREP standards, university, and professional licensing requirements. Students are expected to attend and actively participate in all class meetings. In hybrid courses, students are expected to attend all scheduled face-to-face weekend class meetings and synchronous online meetings. Missing any portion of these face-to-face class time (e.g., assigned seat time), may result in students failing the class, except in the case of a documented and unforeseen medical or family emergency (please see university policy regarding FMLA and grad school leave of absence linked here). In cases of foreseen medical or family emergencies, students should consult with the instructor about whether to continue with the course or withdraw. Please review the syllabus for assigned seat time for each course. Consult with the instructor if you have any questions about the attendance policy. Internship, work, family, and personal activities do not constitute as medical or family emergencies.

**Principles of Admission and Retention**

The State System of Higher Education has adopted the following statement: *Academic performance is not the sole criterion for admission to and continuation in certain courses and programs at the University, such as practicum courses and internships. The University may find it necessary to evaluate a person's background to determine his or her likelihood of maintaining standards of professional conduct that are necessary in the discipline. An evaluation may take into consideration current performance as well as past experiences and actions that could affect a student's ability to perform in the particular course or program.*

The Counseling faculty subscribes to the above statement and has adopted the following specific principles and conditions for admission and retention in the program:

A. Applicants are sought from a variety of groups and cultures within society. Admissions policies and procedures are designed to foster the identification and selection of all prospective students who possess the potential for master’s level work in counseling--to the extent of looking beyond the more traditional criteria when advisable and possible.

B. Applicants are sought who have demonstrated a commitment to the profession of counseling and to the specific counseling areas emphasized at OSU through interest, preparation, and experience.

C. Counseling professionals and appropriate professional credentialing bodies are consulted relative to admission policies and procedures.

D. The Counseling Faculty, with the Dean of the College of Education, has the responsibility for the selection of Master’s Candidates and has established admission criteria consistent with, and in excess of, those of the OSU Graduate School.

E. Counseling students enrolled in the master’s degree are required to participate as clients in an individual and a group counseling experience. This requirement is based, in part, on the belief that first-hand experience as a client bridges the often existing gap between intellectual and emotional understanding of the client experience. On-going student emotional and psychological well-being is paramount for continuation in the program.
The faculty of the Counseling Program subscribe to the ethical standards of the American Counseling Association (ACA) and American School Counselor Association (ASCA). Consistent with these standards, students may not independently offer mental health diagnosis, counseling, or consultation services, either gratis or for remuneration. If it should come to the attention of the faculty that a student is offering such services, an investigation of the student’s activities will be conducted by a committee appointed for this purpose. The committee will present its findings and recommendations to the staff for decision on retention of the student in the program.

Admission is always subject to faculty and/or program availability.

**Evaluation and Retention Procedures**

In agreement with the Ethical Guidelines of the American Counseling Association, the OSU Counseling Program has developed the following student evaluation and retention procedures. Respecting these guidelines, the faculty considers not only academic abilities and skill performance when making retention decisions about students, but also such aspects as whether the student has appropriate levels of maturity, judgment, emotional stability, sensitivity to others, and self-awareness.

Each term, faculty members and practicum/internship supervisors meet in order to evaluate each student's progress in academic work, counseling skills, and intrapersonal and interpersonal effectiveness. Those students assessed as having difficulty will receive feedback concerning their progress from their advisor.

Students who are identified as having deficiencies in one or more of the areas evaluated are provided the following assistance in order to improve their performance:

**Problem Identification Meeting**

The advisor meets with the student and gives specific examples of the difficulties which have been identified by the staff. The student and the advisor then discuss change expectations and procedures. Explanation is made at this time as to the seriousness of the problem. Steps for resolution are recommended and a time frame for change is agreed upon by both parties.

**Recurring or Critical Problems**

If the situation is a continuing one, or is critical, a team of staff members may be appointed to meet with the student. The concerns are delineated in writing and given to the student prior to this meeting. During this meeting, the student is given specific information about the particular problem, the steps needed for resolution, and the time frame allowed prior to determining if further action must be considered. A written contract stating the areas which need to be improved, and the methods and time frame needed for improvement, is designed and signed by the student and the involved staff members. A copy of this agreement is given to the student and the original is placed in the student's central file.

**Insufficient Progress, Withdrawal, Counseling**

If the student does not make expeditious progress toward resolution of the identified problem(s) and the staff agrees that the student will not be able to successfully achieve the academic, counseling skills, or intra- and inter-personal effectiveness objectives needed to be successful in the program, then recommendation for withdrawal of the student from the program is considered. This decision is made by closed faculty vote and is then passed to the next administrative level. Academic, vocational, and personal counseling are offered to the student and may include the transfer of earned credits to a new program.
**Due Process Flowchart**

1. Infraction is reported to Program Lead by any CoEd faculty, staff, or affiliate on conduct form.

2. Program Lead investigates. If not an infraction, no action is taken.

3. If the Program Lead determines that an infraction has occurred, he/she alerts the Department Chair.

4. The Program Lead meets with the student to discuss the infraction. If the problem is successfully resolved, the Program Lead places documentation in the file and notifies the Department Chair.

5. If the problem is not successfully resolved, if it is a repeat infraction, or if the infraction is deemed serious enough to jeopardize licensure or continuation in the program, the Program Lead collaborates with the Department Chair to develop a Plan of Assistance for the student.

6. The Program Lead meets with the student, implements the Plan of Assistance. If the problem is successfully resolved, the Program Lead places documentation in the file and notifies the Department Chair.

7. If the problem is not resolved through the Plan of Assistance, if another infraction occurs, or if the original infraction is serious enough to disapprove licensure or continuation in the program, the Program Lead may, upon agreement with the Department Chair, drop the student from the program. The Dean is notified.

8. The student is notified. The student may appeal by providing documentation to the Dean.

**Process Procedures**

Unless the problem involves a major disciplinary action, all of the preceding steps are handled within the Counseling Program. If a student wishes to challenge a decision of the program regarding retention and remediation in the program, the student has the right to an appeal process as detailed in the OSU Student Handbook.

The OSU Program of Counseling believes that the stated procedures are in accord with accepted educational practices and the following guidelines of the American Counseling Association:

"Counselors, through ongoing evaluation and appraisal, are aware of the academic and personal limitations of students and supervisees that might impede performance. Counselors assist students and supervisees in securing remedial assistance when needed, and dismiss from the training program supervisees who are unable to provide competent service due to academic or personal limitations. Counselors seek professional consultation and document their decision to dismiss or refer students or supervisees for assistance. Counselors assure that students and supervisees have recourse to address decisions made, to require them to seek assistance or to dismiss them" (ACA Ethics Code Section F.3.a).
Statement of Disposition

The Counseling Academic Unit is responsible for preparing candidates who have the required knowledge, skills, and dispositions to become effective counselors. Therefore, your course work and clinical experience will prepare you to demonstrate that knowledge, skills, and dispositions expected of beginning counselors. Faculty and on-site supervisors will evaluate your demonstration of these dispositions and provide you with feedback about your progress.

Dispositions are defined as values, commitments, and professional ethics that influence behavior toward students, families, clients, colleagues, and communities and affect your learning, motivation, and development as well as your professional growth. Dispositions are guided by beliefs and attitudes related to values such as caring, fairness, honesty, responsibility, and social justice (NCATE, 2001). Additionally, the CAU’s values – social justice, innovation, intersection of practice and research, reflection, integrity - are in alignment with these dispositions. The dispositions listed below are expected of professional counseling candidates while in the university and in their future work sites.

Professionalism

- **Timeliness** is consistent in class, clinical experiences, group work, appointments, and completion of assignments.
- **Attendance** is consistent at class, during clinical experiences, group meetings, appointments, practicum and internships.
- **Appearance** and dress matches dress standards or expectations present in clinical sites.
- **Poise/attitude** reflects planning, preparation, and engagement in university classes and at clinical sites.
- **Initiative** is demonstrated by offering ideas and suggestions to others, setting goals for self-improvement, seeking advice and feedback, and independently searching for, creating, or modifying plans and materials.
- **Ethics** is demonstrated by following the codes of ethics for the American Counseling Association, American School Counseling Association, and American Mental Health Counselors Association. While at the university abiding by OSU’s Code of Academic Integrity and disclosing any unlawful activity upon application to or continuation in the counseling program that might adversely affect ability to obtain licensure, as well as passing criminal background checks and drug screening required by the school systems and clinical sites.

Counseling Qualities

- **Values diversity** through creating counseling relationships that are inviting to divers clients and providing equitable access to services. While a student, demonstrates an understanding of multicultural knowledge and willingness to be transformed through experiences.
- **Demonstrates flexibility** in modifying ideas, materials, plans, clinical work.
- **Demonstrates organization** through planning, selection and preparation of materials, and time management.

Relationships with others

- **Cooperates** with instructors, staff, and other university and clinical site personnel; resolves differences and misunderstandings respectfully.
- **Responds** to feedback from instructors, supervisors, and mentors productively and respectfully.
- **Establishes rapport** with peers, faculty, and other persons.
- **Collaborates** with peers, faculty, and site personnel; sharing responsibilities and ideas.
• Provides leadership to peers, faculty, and site personnel; initiates, suggests contributes to collaborative relationships.
• Affirms perspective and contributions of diverse peers, faculty, supervisors, and site personnel.

Professional Development
• Engages in reflection by using various forms of feedback about one’s own effectiveness, including assessment data and supervision.
• Engages in life-long learning through reading, observing, critical thinking, questioning, and assessing.
• Promotes success for all counseling students through best practices, informative assessments, and inclusive environments.
• Counseling students demonstrate involvement with appropriate stakeholders within their clinical work.

A student disposition evaluation is completed for students enrolled in the following courses: COUN 513 (Pre-practicum), COUN 514 (Practicum, each term), COUN 515 (Internship, each term), COUN 571 (Group Counseling), and will be reviewed quarterly by faculty. It can also be completed at the discretion of an instructor and/or advisor if there is concern about a student’s dispositional growth and development. This evaluation is according to students’ expected level of development for any given clinical experience as the student progress from COUN 513 through each subsequent clinical experience.
Working through Conflict with Faculty/Advisors/Supervisors/Staff

Students in our program may encounter conflict with program faculty, staff, supervisors, or students from time to time throughout their program of study. Conflict, especially in the field of counseling, is a normal process, and we encourage healthy and intentional communication through any conflict that may emerge. This will only help our students on their paths to becoming effective professional counselors. When encountering a conflict, we strongly encourage our students first to speak directly with the person with whom they experience disagreement. If unresolved, there may be times when outside supports may be helpful. Faculty, staff, students, and supervisors encourage students to use the following process to work through conflict. In cases where students believe they are experiencing discrimination, they are encouraged to follow the flow chart below by first discussing the concern with their instructor or supervisor. If unresolved (and/or if the student feels unsafe), students should consult with their advisor or program lead. Students can also contact the Office of Equity and Inclusion. If unresolved following the below flowchart, students are encouraged to seek consultation with the Associate Dean.

Following conflict or disagreement, student speaks directly with the instructor, supervisor, staff, or faculty member regarding the issue or conflict.

If resolved, no further action is taken.

If unresolved, student seeks advisement with faculty advisor (Note: if the concern is with the student’s advisor, the student should address their concern with the Program Lead.). Advisor consults with other program faculty.

If resolved, no further action is taken.

If unresolved, faculty advisor facilitates further communication (in person, when possible) between parties to help resolve the issue. If necessary and relevant, a plan is created (in writing) to help the student complete the curricular experience.

If resolved, a plan is documented and signed by both parties, if relevant. This plan is kept in the student’s program file.

If unresolved, the program lead looks into the situation and consults with the Associate Dean and is documented. The Program Lead follows up with the student and faculty member.

If unresolved, the student is encouraged to contact the Associate Dean and/or the Office of Equity Inclusion.
SupervisionAssist

The Masters in Counseling program uses the online clinical placement and assessment tool, SupervisionAssist, for managing clinical site placement and tracking CACREP requirements, clinical assessments, and licensure requirements. This management system was adopted by the CAU the summer of 2019. Students will be responsible for creating their own SupervisionAssist account and providing payment directly to SupervisionAssist to maintain their account. Students will be provided sign-up instruction by the program lead or advisor prior to the beginning of summer term. Students will be notified in their syllabi of requirements associated with SupervisionAssist.

Licensure - Acquiring Licensure

The process of becoming a licensed professional in your field can be one of the most stressful parts of the program. However, a little advance preparation and understanding of the basics will go a long way to help.

Each state or government agency has its own specific procedures for acquiring licensure, but most have the same basic components:

For school and CMH counselors:
- An application form or checklist for applicants to complete.
- An application processing fee.

You can access this website for more information on various states’ licensure requirements: Counselor-License: A State by State Guide: [https://ecampus.oregonstate.edu/services/doe/licensure.htm](https://ecampus.oregonstate.edu/services/doe/licensure.htm)

National Board of Certified Counselors

The National Board for Certified Counselors (NBCC) is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. National counselor certification from NBCC proves to the public and employers that the counselor has met the national standards set by the counseling profession. **It is not a license to practice.** In some states, holding a national certification can assist the counselor in obtaining a state license. National certification travels with the counselor no matter the state or country of residence. The basic national certification offered by NBCC is the NCC (National Certified Counselor). [http://www.nbcc.org/](http://www.nbcc.org/)

All students in the Master’s in Counseling Program are eligible to take the National Counselor Examination.

For school counselors:
**Oregon – Teachers Standards and Practice Commission (TSPC)**
250 Division St. NE, Salem, OR 97301-1012

Request for proof that you completed the program. Proof will consist either of official transcripts showing all your program coursework, a recommendation from the Placement and Licensure Officer (issued on behalf of the Dean of the College of Education), or both. A $100 service fee will be charged by OSU for any recommendations requested. The fee covers all recommendations requested for a period of 90 days.

Request for proof that you have passed the required testing for the state or agency. Official score reports are generally requested as proof.
A criminal history background check, including fingerprinting. Some states may accept Oregon’s background check, but most require you to follow their own state’s process.

**We strongly encourage you to research the state you will be working in to learn the details of their process for licensure before you complete the program so you will be prepared to apply when you are done.**

We also recommend you gather official (unopened and not photocopied) copies of test scores and transcripts from all secondary schools, colleges, and universities you have attended, and store them in a single secure location until you complete your program.

The Placement and Licensure Officer can help you understand confusing wording or procedures, and walk you through the process of licensure for School Counseling in the state of Oregon, so please make an appointment with her if you have any questions or concerns. The Placement and Licensure Officer also offers group licensure seminars each year to discuss Oregon procedures, which we encourage you to attend.

**Preliminary School Counselor License Requirements**

**Eligibility for the Preliminary School Counselor License includes:**

- Comply with Standards for Competent and Ethical Performance of Oregon Educators as defined in OAR 584, Division 20. This OAR requirement will be covered in both COUN 541 in the first summer and then again in when you do your first practicum in the fall of year two.
- Meet the standards set forth in OAR 584-018-0305 – Personnel Service Licensure Programs School Counselors – students will demonstrate the professional knowledge, skills, abilities, cultural competencies and professional disposition for the Preliminary School Counselor License. These standards align with the Counsel for Accreditation of Counseling and Related Educational Programs (CACREP) school counselor standards.
- In addition to the standards for school counselors, students will demonstrate knowledge, skills and cultural competence in the CACREP common core standards for all counselors.

**Eligibility for the Restricted School Counselor License:**

- You may seek employment and be hired and work on the Restricted School Counselor License after you have completed half of the credits in the program.

For CMH counselors:

**Clinical Mental Health Counselor Licensure in Oregon**

**Oregon Board of Licensed Professional Counselors and Therapists**

3218 Pringle Rd SE Ste. 250 Salem, OR 97302-6312 (503) 378-5499

http://www.oblpct.state.or.us/OBLPCT/about_us.shtml

*Below is information direct from the OBLPCT Web Page. Please refer to it for questions and answers related to licensure within the state of Oregon.*

**Structure:** The Oregon Board of Licensed Professional Counselors & Therapists is the name given to both the state agency and the policy making body that governs the actions of the agency. Day-to-day operations of the agency are overseen by an Administrator, who serves at the pleasure of the Board. In addition to the full-time administrator, the agency employs two half-time administrative/clerical staff persons. Office hours are 8:00 am to 5:00 pm Monday through Friday. An answering machine is used during office hours when staff is not available and during the lunch hour from noon to 1:00 pm. The seven-member Board is appointed by and serves at the pleasure of the Governor. The Board conducts its business during public meetings held every other month. Except for discussion of legal issues with legal counsel; consideration of citizen complaints; investigations and disciplinary actions; and when sitting as a hearings body then deliberating on the
evidence and arguments put forth, Board actions, including votes, are taken during a public meeting. At least a quorum of members (4) must be present to conduct business. To be enacted, proposals require a majority vote of the members present.

**Mission:**

- To assist the public by identifying and regulating the practice of qualified mental health counselors and marriage and family therapists.
- To, through prudent management of resources and courteous and prompt service,
- Issue new and renew licenses to qualified persons
- Deter and discipline misconduct by licensees, registered interns, and applicants
- Communicate information about licensure, practice, and discipline
- Work cooperatively with professional associations, educational institutions, employers of professionals, consumers of professional services, and other government and credentialing agencies to develop policies and standards and establish guidelines for professional practice
- Develop and maintain appropriate standards of education and training, experience, and examination for entry into the professions of mental health counseling and marriage and family therapy.

**The Board's goals are to:** maintain a credentialing and discipline process that is fair, prompt, clear, and accurate. Provide clear and accurate information to applicants, licensees, and the interested public Balance within the law, the needs and concerns of the consumers and professionals when establishing policies, setting standards, making interpretations, and establishing processes Develop partnerships that will facilitate expanding services, educating constituents, and removing barriers to licensure.

**M.COUN. Comprehensive Exam Requirement**

Students admitted to the MCoun degree program must successfully pass the CPCE exam as determined by program faculty. Students are responsible financially for the exam. The written exam will evaluate all three OSU Graduate Learning Outcomes (G.L.O.). Successful completion of the national exam will evidence the candidate's mastery of MCoun. subject material (G.L.O.b.) covered in the program and assess the candidate's ability to apply research (G.L.O.a.) and ethical (G.L.O.c.) proficiencies on the exam. The exam will assess the 8 CACREP areas, in which the MCoun learning outcome objectives are based. These areas include:

1. Human growth and development
2. Social and cultural foundations
3. Helping relationships
4. Group work
5. Career and lifestyle development
6. Appraisal
7. Research and program evaluation
8. Professional orientation and ethics

The minimum passing score for the national exam is defined as one standard deviation below the national mean at the time of administration. Candidates who do not pass the national exam are allowed to take re-examination, but not before the end of the term in which the exam was administered. No more than two re-exams are permitted.
Student Notices

Students with Disabilities
The Teacher and Counselor Education Department is committed to meeting the needs of students with disabilities. It is the policy of Oregon State University to comply with Sections 503 and 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990 (ADA), as amended by the ADA Amendments Act of 2008, and other applicable federal and state regulations that prohibit discrimination on the basis of disability. The Rehabilitation Act and the ADA require that no qualified person shall, solely by reason of disability, be denied access to, participation in, or the benefits of, any program or activity operated by the University. Each qualified person shall receive the reasonable accommodations needed to ensure equal access to employment, educational opportunities, programs, and activities in the most integrated setting feasible.

The university has adopted the following statement concerning accommodation of disabilities: Accommodations are collaborative efforts between students, faculty and Services for Students with Disabilities (SSD). Students with accommodations approved through SSD are responsible for contacting the faculty member in charge of the course prior to or during the first week of the term to discuss accommodations. Students who believe they are eligible for accommodations but who have not yet obtained approval through SSD should contact SSD immediately at 737-4098. Students with disabilities should speak to their professor before classes begin to ensure they understand their needs and can accommodate them appropriately. Students should also contact the Services for Students with Disabilities office on campus to learn more about which accommodations have been approved by the university.

Services for Students with Disabilities
A202 Kerr Administration Building
(541) 737-4098
http://ssd.oregonstate.edu/

Students with disabilities have the RIGHT to:

- An equal opportunity to learn. If the location, delivery system, or instructional methodology limits your access, participation, or ability to benefit, you have a right to reasonable alterations in those aspects of the course (or program) to accommodate your disability, as long as it does not change the nature of the course.

- You have a right to an equal opportunity to participate in and benefit from the academic community. This includes access to services, extra-curricular activities, housing, and transportation at a comparable level as that provided to any student.

Students with disabilities shall be RESPONSIBLE for:

- Submitting appropriate documentation of a disability from an appropriate professional prior to receiving requested accommodations. Demonstrating and documenting how the disability affects a particular delivery system, instructional method, or evaluation criteria when requesting accommodations.

- Meeting and maintaining the University's fundamental academic and technical standards.
• Meeting with their professors and/or teaching assistants to state what accommodations they need. Doing so will help the professor to understand and meet the individual needs of students.

• Identifying themselves as needing accommodations in a timely fashion to the Services for Students with Disabilities department (SSD). In addition to registering with the SSD office, students with disabilities must submit a copy of their class schedule for each term, early enough for the SSD office to arrange accommodations. Check the guidelines to ensure you meet the minimum amount of notice our office needs to arrange accommodations.

**Academic Dishonesty**

Students are expected to conduct themselves honestly and professionally in the course of the program. Academic dishonesty is defined by the Oregon Administrative Rules as “an intentional act of deception in which a student seeks to claim credit for the work or effort of another person or uses unauthorized materials or fabricated information in any academic work.” Academic dishonesty includes:

- **CHEATING** - use or attempted use of unauthorized materials, information or study aids or an act of deceit by which a student attempts to misrepresent mastery of academic effort or information. This includes unauthorized copying or collaboration on a test or assignment or using prohibited materials and texts.

- **FABRICATION** - falsification or invention of any information (including falsifying research, inventing or exaggerating data and listing incorrect or fictitious references).

- **ASSISTING** - helping another commit an act of academic dishonesty. This includes paying or bribing someone to acquire a test or assignment, changing someone's grades or academic records, or taking a test/doing an assignment for someone else (or allowing someone to do these things for you). It is a violation of Oregon state law to create and offer to sell part or all of an education assignment to another person (ORS 165.114).

- **TAMPERING** - altering or interfering with evaluation instruments and documents.

- **PLAGIARISM** - representing the word or ideas of another person as one's own OR presenting someone else's words, ideas, artistry or data as one's own. This includes copying another person's work (including unpublished material) without appropriate referencing, presenting someone else's opinions and theories as one's own, or working jointly on a project, then submitting it as one's own.

Academic dishonesty cases are handled initially by the department (collection of evidence and documentation of incident, meeting with student regarding the situation, determination of responsibility and academic penalty) but will also be referred to the Student Conduct Coordinator for action under university rules and guidelines.

For more information on academic honesty, please refer to OSU’s Student Conduct Rules and Regulations at: [https://studentlife.oregonstate.edu/studentconduct](https://studentlife.oregonstate.edu/studentconduct)

**Counseling Academic Unit Statement of Professional and Graduate School Conduct**

You are experiencing a number of transitions as you enter the Oregon State University Counselor Education Program. You are entering Graduate School and you are entering your pre-professional educational experience as a professional school or community counselor. The faculty believes it is helpful to review with you generic expectations for Graduate School professional conduct.
Expectations for professional conduct including the legal-ethical considerations associated with being a professional counselor will be fully addressed in COUN 541 – Orientation to the Profession and, also reinforced in each class throughout the program. You are expected to meet the standards for professional conduct while in the program and your personal fit to the profession will be evaluated accordingly. For now, the following guidelines should serve you well in orienting you to the expectations of you as a Graduate School student and professional counselor:

1. The memorandum of agreement you signed upon entering the program.

2. Reminder that in the counselor education program, your performance is being assessed on four preparation components: academic excellence, competence in counseling knowledge and skills, personal growth and development, and professional counselor identity.

3. The workload expectation in graduate school is three hours per week for each credit hour. This translates (with the exception of internship hours) to nine hours per week per three credit course and eighteen hours per week for the two three credit classes. You need to plan accordingly utilizing good time management skills and good self-care.

4. Professional Conduct starts in the classroom:
   A. Be on time and limit break time to the time allotted by the instructor.
   B. Complete the reading assignments and be prepared to participate in discussions.
   C. Turn off (silence) cell phones.
   D. Check the syllabus or check with the instructor regarding her/his preferences for the use of laptops in the classroom.
   E. Respect the instructor’s right to facilitate learning and the right of other students to learn.

Professional Conduct is also expected in interactions with office personnel in the College of Education and in interactions with faculty and administrators.

**Advisors and Advising Information**

Your advisor is very willing to meet with you and to respond to your e-mails seeking advising information. At the same time we recommend that you also learn to rely on your own understanding and your classmates to verify your understanding of information as well as on your own ability to find information in this Counseling Handbook, on the Graduate School website, and on the Counselor Education website.

**Statement of University, College of Education, and Counselor Education Unit Responsibility**

The advisors and other faculty in the Masters of Counseling program will inform Counselor Education students of major programmatic changes as far in advance as possible. At the same time, the University administration, College of Education Administration, and/or the Counselor Education Unit must fulfill their respective and collective responsibility to respond to financial exigencies; Teacher Standards and Practices Commission Changes, CACREP, or Oregon Board of Licensed Professional Counselor and Therapist Changes; and/or professional best practices that necessitate changes in the delivery of the program and/or the funding of the program.
Master of Counseling Student Memorandum of Agreement

Students selected for admission to the Counseling program are asked to sign a Memorandum of Understanding upon admission to the program that includes the following elements:

a. understand that admission is to the Master of Counseling program - the Clinical Mental Health Option;
b. understand that switching Option requires a written application and a majority vote of the faculty;
c. adhere to applicable ethical standards (e.g., American Counseling Association, American School Counselor Association, American Mental Health Counselors Association);
d. not engage in Counseling private practice while you are in the program;
e. participate as a client in ten (10) hours of personal counseling before completing your M Counseling degree (regardless of whether you had previously received personal counseling);
f. inform faculty of pertinent legal or mental health issues that arise during your enrollment in the program;
g. attend weekend classes scheduled during the program of study;
h. attend classes as designated by the Counseling Academic Unit. Note Bene: if you miss a face-to-face class, the instructor of that class can decide whether or not to allow you to take the class. In some instances, this may mean that you will not be able to complete the program in three and a half years;
i. obtain professional liability insurance before the beginning of COUN 514 Counseling Practicum I;
j. participate in 24 hours of continuing education at conferences, workshops, trainings, etc. (6 hrs. must be at state/national/international level);
k. live the DRIVE (Dignity, Respect, Integrity, Value, Equality) philosophy in your relationships with your fellow students, faculty and site placement staff;
l. not make any changes in your schedule of classes without first consulting with your advisor;
m. make up all incompletes within one calendar year from the end of the term in which the incomplete was given;
n. comply with the Oregon State University Continuous Enrollment Policy;
o. be prepared to engage in the personal reflection and disclosure that is the norm in counselor education classes;
p. actively and collaboratively engage in group work with colleagues during your classes;
q. understand that the program requires successful completion of a minimum of 100 hour practicum (roughly 5-8 hours per week for two quarters);
r. understand that the program requires successful completion of a minimum of 600 hour internship (roughly 15-18 hours per week for a minimum four academic terms);
s. purchase a SupervisionAssist account ($197.00) for the duration of the student’s program of study, starting in the first summer term for the purposes of within program communication and clinical placement, supervision, and evaluation processes (SupervisionAssist registration information will be given to you later);
a. CMHC students must complete OAR requirements (if an Oregon resident) prior to starting Practicum;
t. be prepared to have faculty - including doctoral student supervisors - regularly review and provide feedback of your clinical practice, academic performance, and professional and personal disposition for the profession;
u. have a video recording device capable of uploading to a PC or Mac for video review and editing, as video critique is frequently utilized throughout the program.
v. agree to comply with the OSU Counseling Academic Unit Online and Classroom Clinical Security Protocols;
w. agree to have access to high-speed Internet available via an Ethernet connection and to purchase the following: a webcam, a headset with built-in microphone (e.g., Logitech or similar), and a USB Drive with encryption software built-in;

x. apply the manuscript style guidelines as outlined in the *Publication Manual of the American Psychological Association, 6th Edition* (2010), to the best of your ability, in all assignments unless otherwise indicated;

y. complete your classes within seven years; and

z. as M.Coun. degree program student you must successfully pass a nationally administered exam as determined by program faculty and be responsible financially for the exam.

**Graduate School Continuous Enrollment Policy**

I. **Minimum Registration.** Unless on approved Leave of Absence (see Section II), all graduate students in graduate degree and certificate programs (level 02) must register continuously for a minimum of 3 graduate credits, excluding summer session, until their degree or certificate is granted or until their status as a credential seeking graduate student is terminated. This includes students who are taking only preliminary comprehensive or final examinations or presenting terminal projects. Students must register for a minimum of 3 credits and pay fees if they will be using University resources (e.g. facilities, equipment, computing and library services, or faculty or staff time) during any given term, regardless of the student’s location. If degree requirements are completed between terms, the student must have been registered during the preceding term.

It should be noted that graduate assistantship eligibility requires enrollment levels that supersede those contained in this Continuous Enrollment Policy. Various agencies and offices maintain their own registration requirements that also may exceed those specified by this Continuous Enrollment Policy (e.g., those of the Veterans Administration, Immigration and Naturalization Service for international students, and those required for federal financial aid programs.) Therefore, it is the student’s responsibility to register for the appropriate number of credits that may be required for funding eligibility and/or compliance as outlined by specific agency regulations under which they are governed.

II. **Leave of Absence.** On-leave status is available to students who need to suspend their program of study for good cause. Students who desire a leave of absence will work with their major professor, program administrator, and the Graduate School to arrange authorized leave. Leave of Absence/Intent to Resume Graduate Study Forms must be received by the Graduate School at least 15 working days prior to the first day of the term involved.

The Graduate School Continuous Enrollment Policy and information about how to apply for a Leave of Absence can be found at [https://catalog.oregonstate.edu/college-departments/graduate-school/](https://catalog.oregonstate.edu/college-departments/graduate-school/)

**Important Links**

Students are responsible for informing themselves about university policies and procedures. In addition to reviewing this handbook, please take some time to review the information on the following websites:

OSU Graduate School
[http://oregonstate.edu/dept/grad_school/](http://oregonstate.edu/dept/grad_school/)
Administrative and Organizational Information

Administrative Divisions

The Counseling Academic Unit is one of four academic units within the College of Education (formerly the School of Education). Each unit is headed by a program chair. The College of Education is headed by the dean. There is also an Associate Dean of Academic Affairs and an Associate Dean of Research in Corvallis and an Associate Dean in Cascades.

Questions about the course schedule, registration, and most other issues related to your degree program should be directed to your academic advisor, who is assigned to you when you begin your studies, or the Program Lead who will then direct you to the appropriate personnel to assist you.

Student Records

Students have the right to access any materials contained within their files, with the exception of materials they have explicitly waived the right to view. Please refer to FERPA (Family Educational Rights and Privacy Act) for more information.
CASCADES CAMPUS: Student records are housed in a coded entry room in the Graduate Research Center.  
CORVALLIS CAMPUS: Student records are housed in the department office in College of Education Forum Hall.

**Administrative Processes**

Most administrative forms in the department follow a chain of approval beginning with the student and ending with the Graduate School. It is important to review forms and documents carefully to ensure the appropriate people have signed them in the correct order before submitting them. Students are responsible for collecting all signatures within the department. Generally, paperwork follows the following chain of approval:

```
Student
↓
Major Professor/Minor Professor
↓
Program Lead
↓
Associate Dean
↓
(Dean of Graduate School)
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The Administrative Assistant makes a copy of all administrative forms before sending them outside the department. This copy is placed in the student’s file in case the original is lost. Students are strongly encouraged to make their own copies before submitting any paperwork to the Office of Admissions, the Graduate School, or the Registrar’s Office. Students are also encouraged to deliver paperwork in person rather than by campus mail to ensure it reaches its destination correctly and on time.

Once a form has left the department, students should contact the office it has been sent to, to check on its status. The Administrative Assistant is not responsible for contacting other departments on the student’s behalf. Most forms and documents indicate the final destination and provide contact information at the top or bottom of the page. Students should familiarize themselves with this information to learn where their paperwork is sent and who to contact if there is a problem.

Most graduate forms are available online [http://oregonstate.edu/dept/grad_school/current/forms.html](http://oregonstate.edu/dept/grad_school/current/forms.html). Students may select from Word, Adobe, or web versions, depending on their computer capabilities and personal preferences. Copies of commonly used forms are also included in this handbook in Appendix B. Students should allow a reasonable amount of time for the department and other university offices to process their paperwork. Generally, the department asks students to allow 48 hours for signatures from professors and the chair. The dean of the College of Education may require longer depending on his schedule. Other offices outside the department may require up to a week to process paperwork.

**Relationship with Other Staff**

The Counseling Academic Unit also relies on several other staff members in the College of Education. These officers are not employed by the CAU, but they perform vital functions for us. It is important for students to direct questions to the appropriate staff member in order to receive a helpful and timely response. The CAU and college staff are happy to help students, but they cannot respond to questions outside their area. If you are not sure who to contact, please speak to the Administrative Assistant or the Student Services Representative for direction.
**F.6. Responsibilities of Counselor Educators**

**F.6.a. Counselor Educators**
Counselor educators who are responsible for developing, implementing, and supervising educational programs are skilled as teachers and practitioners. They are knowledgeable regarding the ethical, legal, and regulatory aspects of the profession, are skilled in applying that knowledge, and make students and supervisees aware of their responsibilities. Counselor educators conduct counselor education and training programs in an ethical manner and serve as role models for professional behavior. *(See C.1., C.2.a., C.2.c.)*

**F.6.b. Infusing Multicultural Issues/Diversity**
Counselor educators infuse material related to multiculturalism/diversity into all courses and workshops for the development of professional counselors.

**F.6.c. Integration of Study and Practice**
Counselor educators establish education and training programs that integrate academic study and supervised practice.

**F.6.d. Teaching Ethics**
Counselor educators make students and supervisees aware of the ethical responsibilities and standards of the profession and the ethical responsibilities of students to the profession. Counselor educators infuse ethical considerations throughout the curriculum. *(See C.1.)*

**F.6.e. Peer Relationships**
Counselor educators make every effort to ensure that the rights of peers are not compromised when students or supervisees lead counseling groups or provide clinical supervision. Counselor educators take steps to ensure that students and supervisees understand they have the same ethical obligations as counselor educators, trainers, and supervisors.

**F.6.f. Innovative Theories and Techniques**
When counselor educators teach counseling techniques/procedures that are innovative, without an empirical foundation, or without a well-grounded theoretical foundation, they define the counseling techniques/procedures as “unproven” or “developing” and explain to students the potential risks and ethical considerations of using such techniques/procedures.

**F.6.g. Field Placements**
Counselor educators develop clear policies within their training programs regarding field placement and other clinical experiences. Counselor educators provide clearly stated roles and responsibilities for the student or supervisee, the site supervisor, and the program supervisor. They confirm that site supervisors are qualified to provide supervision and inform site supervisors of their professional and ethical responsibilities in this role.

**F.6.h. Professional Disclosure**
Before initiating counseling services, counselors-in-training disclose their status as students and explain how this status affects the limits of confidentiality. Counselor educators ensure that the clients at field placements are aware of the services rendered and the qualifications of the students and supervisees rendering those services. Students and supervisees obtain client permission before they use any information concerning the counseling relationship in the training process. *(See A.2.b.)*

**F.7. Student Welfare**

**F.7.a. Orientation**
Counselor educators recognize that orientation is a developmental process that continues throughout the educational and clinical training of students. Counseling faculty provide prospective students with information about the counselor education program’s expectations:
1. the type and level of skill and knowledge acquisition required for successful completion of the training;
2. program training goals, objectives, and mission, and subject matter to be covered;
3. bases for evaluation;
4. training components that encourage self-growth or self-disclosure as part of the training process;
5. the type of supervision settings and requirements of the sites for required clinical field experiences;
6. student and supervisee evaluation and dismissal policies and procedures; and
7. up-to-date employment prospects for graduates.

**F.7.b. Self-Growth Experiences**
Counselor education programs delineate requirements for self-disclosure or self-growth experiences in their admission and program materials. Counselor educators use professional judgment when designing training experiences they conduct that require student and supervisee self-growth or self-disclosure. Students and supervisees are made aware of the ramifications their self-disclosure...
may have when counselors whose primary role as teacher, trainer, or supervisor requires acting on ethical obligations to the profession. Evaluative components of experiential training experiences explicitly delineate predetermined academic standards that are separate and do not depend on the student's level of self-evaluation. Counselor educators may require trainees to seek professional help to address any personal concerns that may be affecting their competency.

**F.8. Student Responsibilities**

**F.8.a. Standards for Students**
Counselors-in-training have a responsibility to understand and follow the ACA Code of Ethics and adhere to applicable laws, regulatory policies, and rules and policies governing professional staff behavior at the agency or placement setting. Students have the same obligation to clients as those required of professional counselors. (See C.1., H.1.)

**F.8.b. Impairment**
Counselors-in-training refrain from offering or providing counseling services when their physical, mental, or emotional problems are likely to harm a client or others. They are alert to the signs of impairment, seek assistance for problems, and notify their program supervisors when they are aware that they are unable to effectively provide services. In addition, they seek appropriate professional services for themselves to remediate the problems that are interfering with their ability to provide services to others. (See A.1., C.2.d., C.2.g.)

**F.9. Evaluation and Remediation of Students**

**F.9.a. Evaluation**
Counselors clearly state to students, prior to and throughout the training program, the levels of competency expected, appraisal methods, and timing of evaluations for both didactic and clinical competencies. Counselor educators provide students with ongoing performance appraisal and evaluation feedback throughout the training program.

**F.9.b. Limitations**
Counselor educators, throughout ongoing evaluation and appraisal, are aware of and address the inability of some students to achieve counseling competencies that might impede performance. Counselor educators
1. assist students in securing remedial assistance when needed,
2. seek professional consultation and document their decision to dismiss or refer students for assistance, and
3. ensure that students have recourse in a timely manner to address decisions to require them to seek assistance or to dismiss them and provide students with due process according to institutional policies and procedures. (See C.2.g.)

**F.9.c. Counseling for Students**
If students request counseling or if counseling services are required as part of a remediation process, counselor educators provide acceptable referrals.

**F.10. Roles and Relationships Between Counselor Educators and Students**

**F.10.a. Sexual or Romantic Relationships**
Sexual or romantic interactions or relationships with current students are prohibited.

**F.10.b. Sexual Harassment**
Counselor educators do not condone or subject students to sexual harassment. (See C.6.a.)

**F.10.c. Relationships With Former Students**
Counselor educators are aware of the power differential in the relationship between faculty and students. Faculty members foster open discussions with former students when considering engaging in a social, sexual, or other intimate relationship. Faculty members discuss with the former student how their former relationship may affect the change in relationship.

**F.10.d. Nonprofessional Relationships**
Counselor educators avoid nonprofessional or ongoing professional relationships with students in which there is a risk of potential harm to the student or that may compromise the training experience or grades assigned. In addition, counselor educators do not accept any form of professional services, fees, commissions, reimbursement, or remuneration from a site for student or supervisee placement.

**F.10.e. Counseling Services**
Counselor educators do not serve as counselors to current students unless this is a brief role associated with a training experience.

**F.10.f. Potentially Beneficial Relationships**
Counselor educators are aware of the power differential in the relationship between faculty and students. If they believe a nonprofessional relationship with a student may be potentially beneficial to the student, they take precautions similar to those taken by counselors when working with clients. Examples of potentially beneficial interactions or relationships include, but are not limited to, attending a formal ceremony; hospital visits; providing support during a stressful event; or mutual membership in a professional association, organization, or community. Educators engage in open counselor discussions with students when they consider entering into relationships with students outside of their roles as teachers and supervisors. They discuss with students the rationale for such interactions, the potential benefits and drawbacks, and the anticipated consequences or the student. Educators clarify the specific nature and limitations of the additional role(s) they will have with the student prior to engaging in a nonprofessional relationship. Nonprofessional relationships with students should be time-limited and initiated with student consent.

**F.11. Multicultural/Diversity Competence in Counselor Education and Training Programs**

**F.11.a. Faculty Diversity**
Counselor educators are committed to recruiting and retaining a diverse faculty.

**F.11.b. Student Diversity**
Counselor educators actively attempt to recruit and retain a diverse student body. Counselor educators demonstrate commitment to multicultural/diversity competence by recognizing and valuing diverse cultures and types of abilities students bring to the training experience. Counselor educators provide appropriate accommodations that enhance and support diverse student well-being and academic performance.

**F.11.c. Multicultural/Diversity Competence**
Counselor educators actively infuse multicultural/diversity competency in their training and supervision practices. They actively train students to gain awareness, knowledge, and skills in the competencies of multicultural practice. Counselor educators include case examples, role-plays, discussion questions, and other classroom activities that promote and represent various cultural perspectives.

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**Counseling Related Professional Organizations**

Participation in discipline-related professional organizations demonstrates a commitment toward developing and maintaining a counseling professional identity. Students are expected to be familiar with counseling-related professional organizations. Below are links to significant state, national, and international counseling organizations:

- American Counseling Association
- Oregon Counseling Association
- National Board for Certified Counselors
- Association for Counselor Education and Supervision
- American Mental Health Counselors Association
- CACREP
- Oregon School Counselor Association
- American School Counselor Association

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1. **Graduate School**
   a) What is the Graduate School?
      - The Graduate School at OSU assures quality and consistent interpretation of Graduate Council policies related to graduate education across all programs. The OSU Catalog is the official source for information regarding OSU graduate education policy and procedures. It is the student’s responsibility to refer to the catalog for this information.
      - The Graduate School supports students throughout the academic lifecycle, from admissions to degree completion.
      - The Graduate Schools offers an array of professional development opportunities specific to the success of graduate students. Topics covered in these offerings include: research and ethics, teaching and facilitation, writing and communication, leadership and management, career skills, grad life and wellness. Please visit the Graduate School links to browse our student success offerings.

2. **University Emergency Contacts**
   OSU is dedicated to providing a safe and secure learning and living environment for its community members. The Department of Public Safety provides resources, information, emergency phone numbers, and protocols for maintaining personal safety. Sign up for OSU Alerts to get timely messages
delivered right to your phone or inbox regarding university closures and other emergency situations.

3. Academic and Support Resources

OSU offers a wide array of academic and support resources designed to meet graduate student needs. Some of the more commonly used resources are included below. For a more complete list, please visit the Graduate School’s Student Resources web page. Note that some services are campus-specific. See also OSU Cascades Campus Life and Ecampus Student Services for services specifically provided to graduate students pursuing degrees or certificates via those specific venues.

- **Campus Safety** – Emergency phone numbers, university alerts
- **Career Development Center** – Resume/CV, networking, job search strategies
- **Childcare and Family Resources** – University child care centers, child care assistance
- **Counseling and Psychological Services (CAPS)** – Individual and group counseling
- **Cultural Resource Centers** – Cultural based community centers, social support
- **Disability Access Services (DAS)** – Academic accommodations
- **Equal Opportunity and Access (EOA)** – Employment accommodations, discrimination or bias response
- **Financing your education** – Funding options and information, graduate awards
- **Graduate Student Success Center (GSSC)** – Lounge, study space, printing, reservable meeting rooms
- **Graduate Writing Center** – Writing workshops, groups, and 1:1 writing coaching
- **Health Insurance** – Plans for graduate students and graduate employees
- **Human Services Resource Center (HSRC)** – Food pantry, housing and food stamp assistance
- **Institutional Review Board (IRB)** – Review for human subjects research
- **Office of International Services (OIS)** – Visa and immigration advising
- **Ombuds Conflict Management Services** – Informal, impartial conflict resolution advising
- **Recreational Sports** – Dixon Recreation Center, intramural sports
- **Statistics Consulting Service** – Graduate student research statistical advising
- **Student Health Services (SHS)** – Clinic and pharmacy
- **Student Multimedia Services (SMS)** – Poster printing, equipment and laptop loans
- **Transportation Alternatives** – Bike, bus, SafeRide
- **Transportation and Parking Services (TAPS)** – Parking permits, maps
- **Valley Library** – Reference and research assistance, study spaces, research tools